Compounding Ideas for Travel Needs

Please Contact PCCA's Pharmacy Consulting Department With Questions Regarding The Formulations

Motion Sickness

PCCA Formula # 5547 Ginger Root 200 mg Sorbitol Lollipop™ Base

> Don't forget to dispense in childproof lollipop dispensing vials, PCCA #35-2847. New to making lollipops? Ask about the

Lollipop Kit, PCCA #36-1013!

Airplane Airborne Germs

PCCA Formula # 5013 Tranilast 1%/Deoxy-D-Glucose (2) 0.19% in Shea Butter

(Also known as "Fly Safe." It is applied inside the nostrils.)

Jet Lag

PCCA Formula # 3782 Melatonin Suspension, Sublingual (1 mg/mL) PCCA Formula # 4971 Melatonin Solution, Oral/Sublingual (1 mg/mL)

The Wellness Works and PharmaHealth nutraceutical lines include several melatonin formulations – see the Nutraceuticals section of the PCCA Product Catalog for details.

Also consider formulating melatonin in unique dosage forms such as RDTs and tablet triturates.

Snoring

PCCA Formula # 4875 Dimethyl Sulfone 20% Uvula Spray

Hangover Relief

PCCA Formula # 7557 Sodium Ascorbyl Phosphate 6%/Phytonadione 0.5%/Urea 2%/ Vitamin E Acetate 1% Compound Eye

Cream (Dark Circle Under Eye Cream)

Cysteine (L) 200 mg/Ascorbic Acid 600 mg Oral Effervescent PCCA Formula # 8927

PCCA Formula # 7042 Promethazine HCl 25 mg/mL Topical Lipoderm®

Circulation

PCCA Formula # 8540 Nifedipine 4% Topical Lipoderm®

PCCA Formula # 5471 Pentoxifylline (5%, 10% & 15%) Lipoderm® Transdermal

Aches and Pains

PCCA Formula # 6552 Diclofenac Sodium 10% in Lipoderm® Transdermal Gel PCCA Formula # 9199 Ketoprofen 10% Topical Lipoderm® (Pentylene Glycol)

PCCA Formula # 6555 Ibuprofen 20% in Lipoderm® Transdermal Gel

Cough/Cold

PCCA Formula # 5399 Dextromethorphan Hydrobromide 20 mg/Menthol 15 mg/Ascorbic Acid

500 mg Sorbitol Lollipop™ Base

Menthol 0.1%/Eucalyptus 0.275% Sorbitol Lollipop™ Base PCCA Formula # 5378

Anti-Viral Lip Balms

PCCA Formula # 1851 Deoxy-D-Glucose (2) 2% Lip Balm

PCCA Formula # 4963 Acyclovir 2%/Deoxy-D-Glucose (2) 0.2% Lip Balm

PCCA Formula # 4145 Deoxy-D-Glucose (2) 2%/Lidocaine 1%/PABA 0.75% Lip Balm

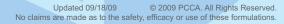
Leg Cramps

PCCA Formula # 5358 Guaifenesin (2% & 10%) in Lipoderm® Base PCCA Formula # 3941 Cyclobenzaprine 1%/Guaifenesin 10%/DM 10% Speed Gel

PCCA Formula # 4547 Magnesium Chloride 20%/DMSO 17% Cream







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FOR PCCA MEMBER USE ONLY –

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Bug Bite Relief

PCCA Formula # 0817 Sulfur 100 mg/Potassium Acid Tartrate 16.7 mg Base A Troche

(Chigger Prevention)

PCCA Formula # 9199 Ketoprofen 10% Topical Lipoderm® (Pentylene Glycol)

PCCA Formula # 0127 Diphenhydramine HCl 3%/Tripelennamine HCl 2%/Hydrocorti-

sone Acetate 1% Compound Topical Gel (Red Bug Remedy)

PCCA Formula # 2256 Ketoprofen 5%/Lidocaine 0.5% Topical Gel

Stings

Good for any type of sting where the stinger injects an acidic substance into the skin.

PCCA Formula # 0662 Sting Neutralizer Solution

Sunburn Pain

PCCA Formula # 2256 Ketoprofen 5%/Lidocaine 0.5% Topical Gel PCCA Formula # 4856 Diclofenac Sodium Sunburn Gel 1.3%

PCCA Formula # 2194 Aloe Vera/Lidocaine Lotion

Hemorrhoids

Various drugs can be combined and put into a Rectal Rocket Mold. The unique design of this suppository base will allow the drug to remain in contact with internal as well as external hemorrhoids for an extended period of time (overnight).

PCCA Formula # 2317 Aloe Vera 3%/Vitamin E 100 IU/Zinc Oxide 3% Rectal Rocket Suppository
PCCA Formula # 8709 Suppository, General Formula – Rectal Rocket Mold – Base MBK/Wax
PCCA Formula # 3515 Lidocaine 2%/HC 1% Base MBK Paraffin Rectal Rocket Suppository

Excessive Perspiration

PCCA Formula # 3800 Non-Metallic Deodorant

(Sometimes patients cannot have products containing metals due to sensitivities.)

PCCA Formula # 3944 Methenamine 5%/Benzalkonium Chloride 2%/Chlorhexidine Digluconate 0.5% Topical Spray

PCCA Formula # 4270 Tea Tree Oil 2.5%/Tannic Acid 5% Deodorant & Antiperspirant Stick

PCCA Formula # 9230 Glycopyrrolate 0.5% Topical Solution

Libido

See the "Female Libido" Comounding Ideas sheet for more libido formulations. For relaxation ideas, see the "Romance and Relaxation" Compounding Ideas sheet.

PCCA Formula # 5232 Aminophylline 3%/Arginine HCl 6% Topical Cream

PCCA Formula # 4932 Sildenafil Citrate 1% Topical Cream

In addition to these formulas there are other opportunities for compounding for travel. For example, people sometimes need liquid forms of medications for children that can remain stable over an extended period of time. This is especially a common request for anti-malarial drugs. Some drugs may not be stable so make sure to call PCCA Pharmacy Consulting for ideas such as powder packets or effervescent powder.

See the Members-only Web site for PCCA Lipoderm® validation study results. PCCA Lipoderm is the FIRST transdermal base in the compounding profession to undergo rigorous transdermal testing!







