

Compounding Ideas for Travel Needs

– FOR PCCA MEMBER USE ONLY –

Please Contact PCCA's Pharmacy Consulting Department With Questions Regarding The Formulations

Motion Sickness

PCCA Formula # 5547

*Ginger Root 200 mg Sorbitol Lollipop™ Base
Don't forget to dispense in childproof lollipop dispensing vials,
PCCA #35-2847. New to making lollipops? Ask about the
Lollipop Kit, PCCA #36-1013!*



Airplane Airborne Germs

PCCA Formula # 5013

*Tranilast 1%/Deoxy-D-Glucose (2) 0.19% in Shea Butter
(Also known as "Fly Safe." It is applied inside the nostrils.)*

Jet Lag

PCCA Formula # 3782

Melatonin Suspension, Sublingual (1 mg/mL)

PCCA Formula # 4971

Melatonin Solution, Oral/Sublingual (1 mg/mL)

- ♦ *The Wellness Works and PharmaHealth nutraceutical lines include several melatonin formulations – see the Nutraceuticals section of the PCCA Product Catalog for details.*
- ♦ *Also consider formulating melatonin in unique dosage forms such as RDTs and tablet triturates.*

Snoring

PCCA Formula # 4875

Dimethyl Sulfone 20% Uvula Spray

Hangover Relief

PCCA Formula # 7557

Sodium Ascorbyl Phosphate 6%/Phytonadione 0.5%/Urea 2%/ Vitamin E Acetate 1% Compound Eye Cream (Dark Circle Under Eye Cream)

PCCA Formula # 8927

Cysteine (L) 200 mg/Ascorbic Acid 600 mg Oral Effervescent

PCCA Formula # 7042

Promethazine HCl 25 mg/mL Topical Lipoderm®

Circulation

PCCA Formula # 8540

Nifedipine 4% Topical Lipoderm®

PCCA Formula # 5471

Pentoxifylline (5%, 10% & 15%) Lipoderm® Transdermal

Aches and Pains

PCCA Formula # 6552

Diclofenac Sodium 10% in Lipoderm® Transdermal Gel

PCCA Formula # 9199

Ketoprofen 10% Topical Lipoderm® (Pentylene Glycol)

PCCA Formula # 6555

Ibuprofen 20% in Lipoderm® Transdermal Gel

Cough/Cold

PCCA Formula # 5399

*Dextromethorphan Hydrobromide 20 mg/Menthol 15 mg/Ascorbic Acid
500 mg Sorbitol Lollipop™ Base*

PCCA Formula # 5378

Menthol 0.1%/Eucalyptus 0.275% Sorbitol Lollipop™ Base

Anti-Viral Lip Balms

PCCA Formula # 1851

Deoxy-D-Glucose (2) 2% Lip Balm

PCCA Formula # 4963

Acyclovir 2%/Deoxy-D-Glucose (2) 0.2% Lip Balm

PCCA Formula # 4145

Deoxy-D-Glucose (2) 2%/Lidocaine 1%/PABA 0.75% Lip Balm



Leg Cramps

PCCA Formula # 5358

Guaifenesin (2% & 10%) in Lipoderm® Base

PCCA Formula # 3941

Cyclobenzaprine 1%/Guaifenesin 10%/DM 10% Speed Gel

PCCA Formula # 4547

Magnesium Chloride 20%/DMSO 17% Cream



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No claims are made as to the safety, efficacy or use of these formulations.

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Bug Bite Relief

PCCA Formula # 0817

*Sulfur 100 mg/Potassium Acid Tartrate 16.7 mg Base A Troche
(Chigger Prevention)*

PCCA Formula # 9199

Ketoprofen 10% Topical Lipoderm® (Pentylene Glycol)

PCCA Formula # 0127

Diphenhydramine HCl 3%/Tripelemamine HCl 2%/Hydrocortisone Acetate 1% Compound Topical Gel (Red Bug Remedy)

PCCA Formula # 2256

Ketoprofen 5%/Lidocaine 0.5% Topical Gel



Stings

Good for any type of sting where the stinger injects an acidic substance into the skin.

PCCA Formula # 0662

Sting Neutralizer Solution

Sunburn Pain

PCCA Formula # 2256

Ketoprofen 5%/Lidocaine 0.5% Topical Gel

PCCA Formula # 4856

Diclofenac Sodium Sunburn Gel 1.3%

PCCA Formula # 2194

Aloe Vera/Lidocaine Lotion



Hemorrhoids

Various drugs can be combined and put into a Rectal Rocket Mold. The unique design of this suppository base will allow the drug to remain in contact with internal as well as external hemorrhoids for an extended period of time (overnight).

PCCA Formula # 2317

Aloe Vera 3%/Vitamin E 100 IU/Zinc Oxide 3% Rectal Rocket Suppository

PCCA Formula # 8709

Suppository, General Formula – Rectal Rocket Mold – Base MBK/Wax

PCCA Formula # 3515

Lidocaine 2%/HC 1% Base MBK Paraffin Rectal Rocket Suppository

Excessive Perspiration

PCCA Formula # 3800

Non-Metallic Deodorant

(Sometimes patients cannot have products containing metals due to sensitivities.)

PCCA Formula # 3944

Methenamine 5%/Benzalkonium Chloride 2%/Chlorhexidine Digluconate 0.5% Topical Spray

PCCA Formula # 4270

Tea Tree Oil 2.5%/Tannic Acid 5% Deodorant & Antiperspirant Stick

PCCA Formula # 9230

Glycopyrrolate 0.5% Topical Solution

Libido

See the "Female Libido" Compounding Ideas sheet for more libido formulations. For relaxation ideas, see the "Romance and Relaxation" Compounding Ideas sheet.

PCCA Formula # 5232

Aminophylline 3%/Arginine HCl 6% Topical Cream

PCCA Formula # 4932

Sildenafil Citrate 1% Topical Cream



In addition to these formulas there are other opportunities for compounding for travel. For example, people sometimes need liquid forms of medications for children that can remain stable over an extended period of time. This is especially a common request for anti-malarial drugs. Some drugs may not be stable so make sure to call PCCA Pharmacy Consulting for ideas such as powder packets or effervescent powder.

See the Members-only Web site for PCCA Lipoderm® validation study results. PCCA Lipoderm is the FIRST transdermal base in the compounding profession to undergo rigorous transdermal testing!

