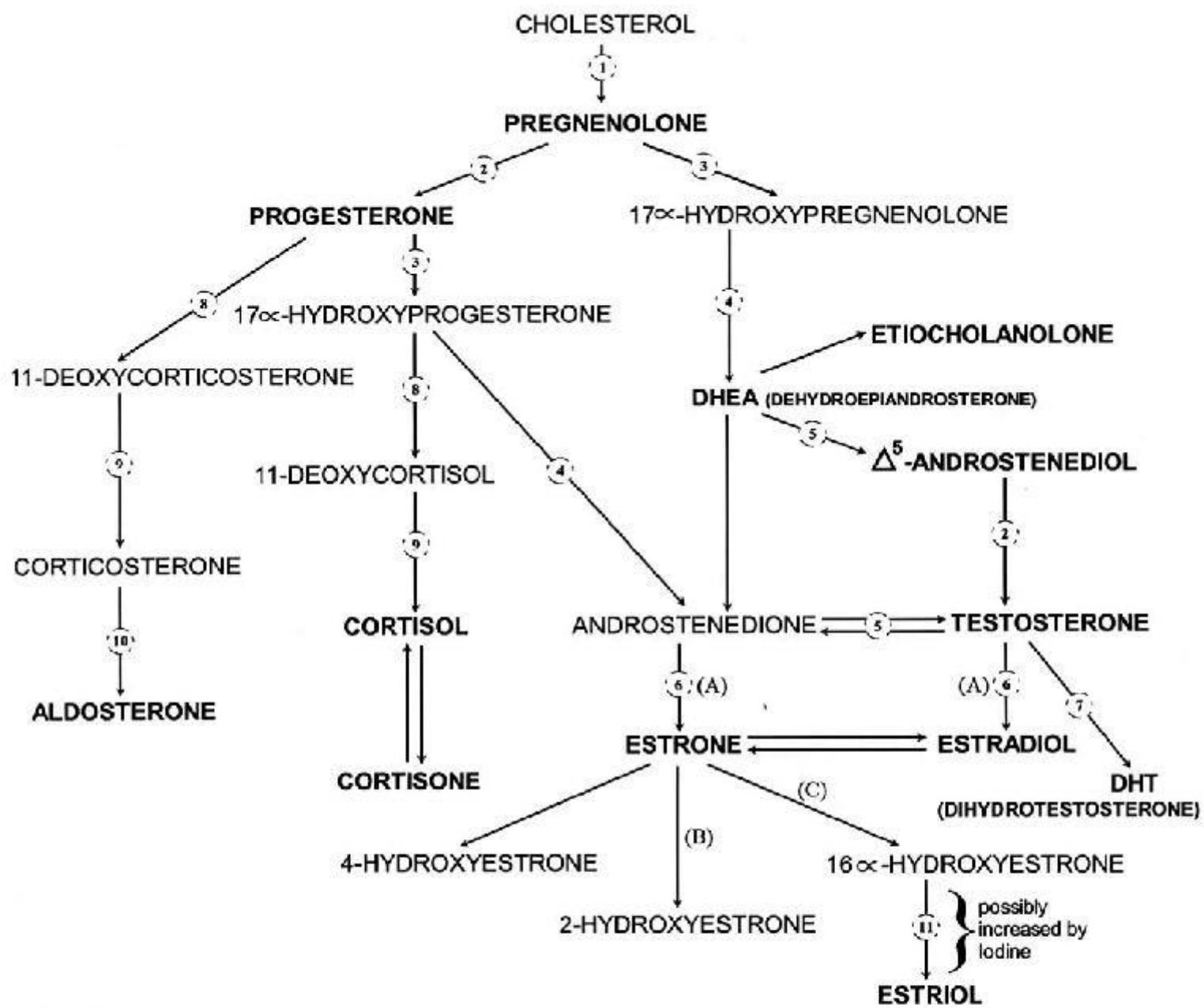


STEROID HORMONE METABOLISM



ENZYMES

- 1 Cholesterol side chain cleavage (CSCC)
 - 2 3 β -Hydroxysteroid Dehydrogenase (3 β -OHSD) AND $\Delta^{5,4}$ Isomerase (reside on same protein)
 - 3 17 α -Hydroxylase **
 - 4 C17,20 - Lysase **
 - 5 17 β -Hydroxysteroid Dehydrogenase (17 β -OHSD)
 - 6 Aromatase
 - 7 5 α -Reductase AND NADPH
 - 8 21-Hydrolase
 - 9 11 β -Hydroxylase
 - 10 18 - Hydroxylase AND 18 - Hydroxydehydrogenase
 - 11 16 α -Hydroxylase
- (A) Inhibited by Chrysin
 (B) Increased by cruciferous vegetables (Indole-3-Carbinol) and flaxseed
 (C) Decreased by cruciferous vegetables (Indole-3-Carbinol) and flaxseed
- ** NOTE: 17 α -Hydroxylase and C17,20 - Lysase activities reside on a single protein (designated P450_{C17})

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