

Table of Contents

1. [Men's Health](#)
 - a. [General](#)
 - b. [Andropause](#)
 - c. [Arthritis](#)
 - d. [Aromatase](#)
 - e. [Cardiovascular](#)
 - f. [Chronic Pain](#)
 - g. [Cognition & Mood](#)
 - h. [COPD](#)
 - i. [Diabetes](#)
 - j. [Erectile Dysfunction](#)
 - k. [Gynecomastia](#)
 - l. [HIV](#)
 - m. [Infertility](#)
 - n. [Klinefelter](#)
 - o. [Lipids](#)
 - p. [Muscle Catabolism](#)
 - q. [Nitric Oxide](#)
 - r. [Obesity](#)
 - s. [Osteoporosis](#)
 - t. [Prostate](#)
 - u. [PSA](#)
 - v. [Sexual Dysfunction](#)
2. [Supplementation](#)
 - a. [Aromatase Inhibitors](#)
 - b. [Clomiphene](#)
 - c. [Danazol](#)
 - d. [DHT](#)
 - e. [Estrogen and Progesterone](#)
 - f. [Methyl Testosterone](#)
 - g. [Parlodel](#)
 - h. [SHBG](#)
 - i. [Testosterone](#)
 - j. [Prohormones](#)
 - k. [DHEA](#)
 - l. [Androstendione](#)
 - m. [Androstenediol](#)
 - n. [Norandrostenedione](#)
 - o. [Norandrostenediol](#)
 - p. [Phytoestrogens](#)
 - q. [Chrysin](#)
 - r. [Indole-3-Carbinol](#)
 - s. [DIM \(Diindolylmethane\)](#)
 - t. [HCG](#)
 - u. [Milk Thistle](#)
 - v. [Muira Puama](#)
 - w. [Nettle Root](#)
 - x. [Saw Palmetto](#)
3. [Urology](#)
 - a. [Peyronie's Disease](#)
 - b. [Priapism](#)
 - c. [Erectile Dysfunction](#)
 - d. [Non-Pharmacological Treatments for ED](#)
 - e. [Premature Ejaculation](#)
 - f. [Incontinence and Overactive Bladder](#)
 - g. [Bladder Irrigations](#)
 - h. [Interstitial Cystitis](#)
 - i. [Alprostadil](#)
 - j. [Apomorphine](#)
 - k. [Arginine](#)
 - l. [Phentolamine](#)
 - m. [Intracavernous Injections](#)
 - n. [Nitric Oxide](#)
 - o. [Pentoxifylline](#)
 - p. [SSRIs](#)
 - q. [Forskolin](#)
 - r. [Testosterone](#)
4. [Prostate Health](#)
 - a. [Prostate Cancer](#)
 - b. [Prostate Cancer Risks](#)
 - c. [Prostate Cancer Diagnosis](#)
 - d. [Prostate Cancer Treatment](#)
 - e. [BPH](#)
 - f. [Prostatitis](#)

Men's Health

TOPIC	READINGS
GENERAL Overview	➤ "Androgens" <u>The Pharmacological Basis of Therapeutics</u> – Goodman and Gilman ➤ "Hormones" – <u>Facts and Comparisons</u> ➤ <u>Maximizing Manhood</u> – Malcolm Carruthers ➤ <u>The Andropause Mystery: Unraveling Truths About the Male Menopause</u> – Robert Tan ➤ <u>Maximize Your Vitality and Potency</u> – Jonathan Wright, Lane Lenard ➤ <u>Testosterone Syndrome</u> – Eugene Shippen, William Fryer ➤ <u>Aging Men's Health</u> – Robert Tan
ANDROPAUSE Overview	➤ "Normative hypogonadism and depression: does 'andropause' exist?" <i>Int J Impot Res</i> (2006) – Seidman, SN PMID: 16395322 Click Here for Abstract ➤ "A multifactorial approach to understanding andropause" <i>J Sex Reprod Med</i> (2001) – Carruthers, M Click Here for Full Free Text ➤ "Androgen deficiency in aging men" <i>Current Opinion in Endocrinology & Diabetes</i> (2006) – T'Sjoen, GG; Kaufman, JM Click Here for Abstract ➤ "Androgen deficiency in men" <i>Endocrinologist</i> (2007) – Tung, DS; Cunningham, GR Click Here for Abstract ➤ "A hormonal attack on aging" (1999) – <i>Life Extension</i> Click Here for Full Free Text ➤ "Testosterone and estradiol among older men" <i>J Clin Endocrinol Metab</i> (2006) – Orwoll, E; Lambert, LC PMID: 16368750 Click Here for Full Free Text ➤ "Expression and degradation of androgen receptor: mechanism and clinical implication" <i>J Clin Endocrinol Metab</i> (2003) – Lee, DK; Chang, C PMID: 12970260 Click Here for Full Free Text ➤ "Andropause" <i>Maturitas</i> (2000) Vermeulen A PMID: 10687877 Click Here for Abstract ➤ "Low serum testosterone and mortality in older men." <i>J Clin Endocrinol Metab</i> (2008) Laughlin GA et al PMID: 17911176 Click Here for Full Free Text
Causes	➤ "Central causes of hypogonadism - functional and organic" <i>Endocrinol Metab Clin N Am</i> (2003) – Warren, MP; Vu, C PMID: 14560889 Click Here for Abstract
Testing	➤ "Current controversies in testosterone testing: aging and obesity" <i>Clin Lab Med</i> (2004) – Elin, RJ; Winters, SJ PMID: 15157560 Click Here for Abstract ➤ "Comparison of screening questionnaires for the diagnosis of hypogonadism" <i>Maturitas</i> (2006) – Morley, JE; Perry, HM; Kevorkian, RT; Patrick, P PMID: 16140484 Click Here for Abstract ➤ "Can we get away from serum total testosterone in the diagnosis of andropause?" <i>Aging Male</i> (2005) – Tremblay, RR; Gagne, JM PMID: 16390737 Click Here for Abstract ➤ "Measurement of total serum testosterone levels using commercially available kits: high degree of between-kit variability." <i>Fertil Steril</i> (1998) Boots LR, Potter S, Potter D, Azziz R. PMID: 9496343 Click Here for Abstract
Replacement	➤ "Testosterone replacement therapy for late-onset hypogonadism" <i>Nat Clin Pract Urol</i> (2006) – Cunningham, GR Click Here for Abstract ➤ "It's time for a large, long-term study of testosterone supplementation in hypogonadal older men: a primary care view" <i>Journal of Men's Health and Gender</i> (2006) – Sadovsky, R Click Here for Abstract ➤ "Testosterone replacement therapy for male hypogonadism: Part III. Pharmacologic and clinical profiles, monitoring, safety issues, and potential future agents" <i>Int J Impot Res</i> (2007) – Seftel, A PMID: 16193074 Click Here for Abstract ➤ "Should we offer testosterone replacement therapy to men who live in nursing homes?" <i>Annals of Long-Term Care</i> (2006) – Sahni, M; Borst, SE; Mulligan, T Click Here for Full Free Text ➤ "Testosterone replacement therapy for male aging: ASA position statement" <i>Journal of Andrology</i> (2006) PMID: 16474019 Click Here for Full Free Text ➤ <i>Atherosclerosis</i> (2004) – "The aging male: testosterone deficiency and testosterone replacement. An up-date" Alexandersen, P; Christiansen, C PMID: 15064089 Click Here for Abstract ➤ "Effects of Testosterone Replacement in Hypogonadal Men" <i>J Clin Endocrinol Metab</i> (2000) Snyder PJ, Peachey H et al PMID: 10986864 Click Here for Full Free Text ➤ "Male hormone replacement therapy including "andropause"." <i>Endocrinol Metab Clin North Am.</i> (1998) Tenover JL PMID: 9922917 Click Here for Abstract

TOPIC	READINGS
Treatments	➤ "Testosterone therapy in adult men with androgen deficiency syndromes: an endocrine society clinical practice guideline" <i>J Clin Endocrinol Metab</i> (2006) – Bhasin, S; Cunningham, GR; et al PMID: 16720669 Click Here for Full Free Text ➤ "Investigation, treatment, and monitoring of late-onset hypogonadism in males: ISA, ISSAM, and EAU recommendations" <i>Journal of Andrology</i> (2006) – Nieschlag, E PMID: 16474020 Click Here for Full Free Text ➤ "Drug insight: testosterone preparations" <i>Nat Clin Pract Urol</i> (2006) – Srinivas-Shankar,U; Wu, F Click Here for Abstract ➤ "The treatment of androgen deficiency in older men: a timely and controversial issue" (2001) – Bhasin, D; Morley, JE; Swerdloff, RS
ARTHRITIS	➤ "Bioavailability testosterone in men with rheumatoid arthritis-high frequency of hypogonadism" <i>Rheumatology</i> (2002) – Tengstrand, B; Carlstrom, K; Hafstrom, I PMID: 11934965 Click Here for Full Free Text ➤ "Androgens and estrogens modulate the immune system and inflammatory responses in rheumatoid arthritis" <i>Ann NY Acad Sci</i> (2002) – Cutolo, M; et al PMID: 12114267 Click Here for Abstract ➤ "Neuroendocrine, immunologic, and microvascular systems interactions in rheumatoid arthritis: physiopathogenetic and therapeutic perspectives" <i>Semin Arthritis Rheum</i> (1999) – Masi, AT; Bijlsma, JW; et al PMID: 10553979 Click Here for Abstract ➤ "Decreased testosterone levels in men with rheumatoid arthritis: effect of low dose prednisone therapy." <i>J Rheumatol</i> (1994) Martens HF, Sheets PK et al PMID 7983641 Click Here for Abstract ➤ "Bone and joint infections in the elderly: practical treatment guidelines." <i>Drugs Aging</i> (2000) Mader JT Shirliff ME et al PMID 10733265 Click Here for Abstract ➤ "A randomized trial of testosterone therapy in males with rheumatoid arthritis." <i>Br J Rheumatol</i> (1996) Hall GM, Larbre JP et al PMID: 8670579 Click Here for Full Free Text ➤ "Reduced levels of testosterone and dehydroepiandrosterone sulphate in the serum and synovial fluid of juvenile rheumatoid arthritis patients correlates with disease severity." <i>Clin Exp Rheumatol</i> (1998) Khalkhali-Ellis Z et al PMID: 9844775 Click Here for Abstract
AROMATASE	➤ "Estrogen Excess Associated with Novel Gain-of-Function Mutations Affecting the Aromatase Gene" <i>NEJM</i> (2003) - Shozu M, Sebastian S, Takayama K et. al PMID: 12736278 Click Here for Full Free Text ➤ "Aromatase Expression in Health and Disease" <i>Recent Prog Horm Res</i>(1997) Simpson ER, Zhao Y, Agarwal VR et. al PMID: 9238853 Click Here for Abstract ➤
CARDIOVASCULAR General	➤ "Cardiovascular effects of androgens" <i>Cardiovasc Drug Rev</i> (2002) – Weidemann, W; Hanke,H PMID: 12397366 Click Here for Abstract
Metabolic Syndrome	➤ "Association between hormones and metabolic syndrome in older Italian men" <i>J Am Geriatr Soc</i> (2006) – Maggio, M; Fulvio, L; et al PMID: 17198487 Click Here for Abstract ➤ "Hyopandrogen-metabolic syndrome: a potentially common and underdiagnosed condition in men" <i>Int J Clin Pract</i> (2007) – Gould, DC; Kirby, RS; Amoroso, P PMID: 17263722 Click Here for Abstract ➤ "Early markers of metabolic syndrome in nonoverweight, middle-aged men" <i>J Clin Endocrinol Metab</i> (2006) – Lovegrove, C PMID: 17031374 Click Here for Abstract ➤ "Low sex hormone-binding globulin, total testosterone, and symptomatic androgen deficiency are associated with development of the metabolic syndrome in nonobese men" <i>J Clin Endocrinol Metab</i> (2006) – Kupelian, V; Page, ST; Araujo, AB; et al PMID: 16394089 Click Here for Full Free Text
Angina	➤ "Testosterone does not adversely affect fibrinogen or tissue plasminogen activator (tPA) and plasminogen activator inhibitor-1 (PAI-1) levels in 46 men with chronic stable angina" <i>Eur J Endocrinol</i> (2005) – Smith, AM; English, KM; Malkin, CJ; et al PMID: 15745938 Click Here for Full Free Text ➤ "Low testosterone levels are associated with coronary artery disease in male patients with angina" <i>Int J Impot Res</i> (2006) – Rosano, GMC; Sheiban, I; et al PMID: 16943795 Click Here for Abstract ➤ "Low-dose transdermal testosterone therapy improves angina threshold in men with chronic stable angina: a randomized, double-blind, placebo-controlled study" <i>Circulation</i> (2000) –

TOPIC	READINGS
Coronary Artery Disease	English, KM PMID: 11034937 Click Here for Full Free Text ➤ "Cardiovascular effects of androgens" <i>Cardiovasc Drug Rev</i> (2002) – Weidemann, W; Hanke, H PMID: 12397366 Click Here for Abstract ➤ "The interlinked depression, erectile dysfunction, and coronary heart disease syndrome in older men: a triad often underdiagnosed" <i>J Gend Specif Med</i> (2003) – Tan, RS; Pu, S PMID: 12661175 Click here for Abstract ➤ "Men with coronary artery disease have lower levels of androgens than men with normal coronary angiograms" <i>European Heart Journal</i> (2000) – English, KM; Mandour, O; Steeds, RP; et al PMID: 11259151 Click Here for Full Free Text ➤ "Low testosterone levels are associated with carotid atherosclerosis in men" <i>J Int Med</i> (2006) – Svartberg, J; Von Muhlen, D; Mathiesen, E; et al PMID: 16704558 Click Here for Full Free Text ➤ "Acute anti-ischemic effect of testosterone in men with coronary artery disease" <i>Circulation</i> (2000) – Rosano, GM; Leonardo, F; Pagnotta, P; et al PMID: 10190874 Click Here for Full Free Text ➤ "Association between serum estradiol concentrations and carotid atherosclerosis in men with type 2 diabetes mellitus" <i>Metabolism</i> (2008) Fukui M, Kitgawa Y et al PMID: 18191062 Click Here for Abstract ➤ "Effects of androgens on haemostasis." <i>Maturitas</i> (1996) Winkler UH PMID: 8844628 Click Here for Abstract ➤ "Decreased serum testosterone in men with acute ischemic stroke." <i>Arterioscler Thromb Vasc Biol</i> (1996) Jeppesen LL et al PMID: 8640402 Click Here for Full Free Text ➤ "Effects of testosterone on coronary vasomotor regulation in men with coronary heart disease." <i>Circulation</i> (1999) Webb CM, McNeill JG et al PMID: 10525487 Click Here for Full Free Text ➤ "Acute anti-ischemic effect of testosterone in men with coronary artery disease." <i>Circulation</i> (1999) Rosano GM et al PMID: 10190874 Click Here for Full Free Text
Myocardial Infarction	➤ "Bio-available testosterone levels fall acutely following myocardial infarction in men: association with fibrinolytic factors" <i>Endocr Res</i> (2002) – Pugh, PJ; Channer, KS PMID: 12489566 Click Here for Abstract ➤ "Therapeutic effects of an androgenic preparation on myocardial ischemia and cardiac function in 62 elderly male coronary heart disease patients." <i>Chin Med J (Engl)</i> (1993) Wu SZ, Weng XZ PMID: 8222891 Click Here for Abstract
CHRONIC PAIN	➤ "Endocrine consequences of long-term intrathecal administration of opioids" <i>J Clin Endocrinol Metab</i> (2000) – Abs, R; Verhelst, J; Maeyaert, J; et al PMID: 10852454 Click Here for Full Free Text ➤ "Sex hormone suppression by intrathecal opioids: a prospective study" <i>Clin J Pain</i> (2002) – Roberts, LJ; Finch, PM; Pullan, PT; et al PMID: 12048415 Click Here for Abstract ➤ "Symptomatic hypogonadism in male survivors of cancer with chronic exposure to opioids" <i>Cancer</i> (2003) – Rajagopal, A; Vassilopoulou-Sellin, R; et al PMID: 14770444 Click Here for Full Free Text ➤ "Hypogonadism in men consuming sustained-action oral opioids" <i>J Pain</i> (2002) – Daniell, HW PMID: 14622741 Click Here for Abstract ➤ "Effect of testosterone on threshold of pain" <i>Indian J Physiol Pharmacol</i> (1981) Rao SS, Saifi AQ PMID: 7341469 Click Here for Abstract ➤ "Hypogonadism in patients treated with intrathecal morphine." <i>Clin J Pain</i> (2000) Finch PM, Roberts LJ et al PMID: 11014399 Click Here for Abstract ➤ "Hypogonadism and sexual dysfunction in male cancer survivors receiving chronic opioid therapy." <i>J Pain Symptom Manage</i> (2003) Rajagopal A et al PMID: 14585556 Click Here for Abstract
COGNITION & MOOD Dementia	➤ "Endogenous sex hormones, cognitive decline, and future dementia in old men" <i>Annals of Neurology</i> (2006) – Geerlings, MI; Strozyk, D; Masaki, K; et al PMID: 16865684 Click Here for Abstract ➤ "Sex hormones and neuropathology in elderly men: the HAAS" <i>Neurobiology of Aging</i> (2005) – Strozyk, D; White, LR; Petrovitch, H; et al PMID: 16500732 Click Here for Abstract ➤ "Endogenous estradiol and the risk of dementia in women and men: the Rotterdam study" <i>Ann Neurol</i> (2002) – Geerlings, MI; Launer, LJ; de Jong, FH; et al PMID: 12730994 Click Here for Abstract

TOPIC	READINGS
	➤ "Age-associated testosterone decline in men: clinical issues for psychiatry" <i>Am J Psychiatry</i> (1998) – Sternbach PMID: 9766760 Click Here for Full Free Text ➤ "Role of androgens in mild cognitive impairment and possible interventions during andropause" <i>Medical Hypotheses</i> (2004) – Tan, RS; Pu, SJ; Culberson, JW PMID: 14728998 Click Here for Abstract ➤ "Serum levels of estradiol and testosterone and performance in different cognitive domains in healthy elderly men and women" <i>Psychoneuroendocrinology</i> (2003) – Hogervorst, E; De Jager, C; Budge, M; et al PMID: 14644069 Click Here for Abstract ➤ "Effects of transdermal testosterone on cognitive function and health perception in older men with low bioavailable testosterone levels" <i>J Gerontol A Biol Sci Med Sci</i> (2002) – Kenny, AM; Bellantonio, S; Gruman, CA; et al PMID: 11983727 Click Here for Abstract ➤ "The andropause and memory loss: is there a link between androgen decline and dementia in the aging male?" <i>Asian J Androl</i> (2001) – Tan, RS; Pu, SJ PMID: 11561185 Click Here for Full Free Text ➤ "Memory loss as a reported symptom of andropause" <i>Arch Androl</i> (2001) – Tan, RS PMID: 11695841 Click Here for Abstract
Behavior	➤ "Testosterone and behavior" <i>Clinics in Geriatric Medicine</i> (2003) – Morley, JE PMID: 14567011 Click Here for Abstract
Depression	➤ "Testosterone and men's depression: the role of social behavior" <i>Journal of Health and Social Behavior</i> (1999) – Booth, A; Johnson, DR; Granger, DA PMID: 10467760 Click Here for Abstract ➤ "Testosterone gel supplementation for men with refractory depression: a randomized, placebo-controlled trial" <i>Am J Psychiatry</i> (2003) – Pope, HG; Cohane, GH; Kanayama, G; et al PMID: 12505808 Click Here for Full Free Text
COPD	➤ "Effects of testosterone and resistance training in men with chronic obstructive pulmonary disease" <i>Am J Respir Crit Care Med</i> (2004) – Casaburi, R; Bhasin, S; et al PMID: 15271690 Click Here for Full Free Text
DIABETES	➤ "Androgens and diabetes in men" <i>Diabetes Care</i> (2007) – Selvin, E; Feinleib, M; Rohrmann, S; et al PMID: 17259487 Click Here for Full Free Text ➤ "Testosterone deficiency and diabetes: a subset analysis from the hypogonadism in males (HIM) study" <i>Scientific Sessions- ADA Annual meeting</i> (2005) – Berry, V; McWhirter, C; et al Click Here for Abstract ➤ "Hypogonadism and diabetes" <i>Int J Impot Res</i> (2003) – Betancourt-Albrecht, M; Cunningham, GR PMID: 12934046 Click Here for Full Free Text ➤ "Association between serum testosterone concentration and carotid atherosclerosis in men with type 2 diabetes" <i>Diabetes Care</i> (2003) – Fukui, M; Kitagawa, Y; Nakamura, N; et al PMID: 12766125 Click Here for Full Free Text ➤ "Effect of 2 years of testosterone replacement on insulin secretion, insulin action, glucose effectiveness, hepatic insulin clearance, and postprandial glucose turnover in elderly men." <i>Diabetes Care</i> (2007) Basu R Ella Man C et al PMID: 17496236 Click Here for Full Free Text
ERECTILE DYSFUNCTION	➤ "The evolving role of testosterone in the treatment of erectile dysfunction" <i>Int J Clin Pract</i> (2006) – Shabsigh, R; Rajfer, J; Aversa, A; et al PMID: 16939550 Click Here for Full Free Text ➤ "Androgen replacement in men with hypogonadism and erectile dysfunction" <i>Endocrine</i> (2004) – Albrecht-Betancourt, M; Hijazi, RA; et al PMID: 15146093 Click Here for Abstract ➤ "The effect of topically applied vasoactive agents and testosterone versus testosterone in the treatment of erectile dysfunction in aged men with low sexual interest" <i>Int J Impot Res</i> (2001) – Gomaa, A; Eissa, M; El-Gebaley, A PMID: 11426345 Click Here for Full Free Text ➤ "Novel treatment options for overlapping yet distinct erectile dysfunction and andropause syndromes" <i>Current Opinion in Investigational Drugs</i> (2003) – Tan, RS PMID: 12808883 Click Here for Abstract
GYNECOMASTIA	➤ "Successful percutaneous dihydrotestosterone treatment of gynecomastia occurring during highly active antiretroviral therapy: four cases and a review of literature" <i>HIV/AIDS</i> (2001) – Benveniste, O; Simon, A; Herson, S PMID: 11512095 Click Here for Full Free Text ➤ "Gynecomastia: effect of prolonged treatment with dihydrotestosterone by the percutaneous route" <i>Presse Med</i> (1983) Kuhn JM et al PMID: 6220269 Click Here for Abstract ➤ "Management of gynaecomastia: an update." <i>Int J Clin Pract</i> (2007) Gikas P Mokbel K PMID: 17362482 Click Here for Abstract

TOPIC	READINGS
	➤ "Effect of hyperprolactinemia in male patients consulting for sexual dysfunction" <i>J Sex Med</i> (2007) Corona G, Mannucci E et al PMID: 17655655 Click Here for Abstract
HIV	➤ "A comparison of megestrol acetate, nandrolone decanoate and dietary counseling for HIV associated weight loss" <i>Int J Androl</i> (2001) – Batterham, MJ; Garsia, R PMID:11454075 Click Here for Abstract ➤ "Testosterone therapy in HIV wasting syndrome: systematic review and meta-analysis" <i>Lancet Infect Dis</i> (2002) – Kong, A; Edmonds, P PMID: 12409050 Click Here for Abstract ➤ "Anabolic treatment with GH, IGF-I, or anabolic steroids in patients with HIV-associated wasting" <i>Int J Cardiol</i> (2002) – Mulligan, K; Schambelan, M PMID: 12163220 Click Here for Abstract ➤ "Effects of testosterone and exercise on muscle leanness in eugonadal men with AIDS wasting" <i>J Appl Physiol</i> (2001) – Fairfield, WP; Treat, M; et al PMID: 11356779 Click Here for Full Free Text ➤ "Testosterone replacement therapy in HIV illness" <i>General Hospital Psychiatry</i> (1995) – Rabkin, JG; Rabkin, R; Wagner, G PMID: 7737494 Click Here for Abstract ➤ "Effects of hypogonadism and testosterone administration on depression indices in HIV-infected men" <i>J Clin Endocrinol Metab</i> (2000) – Grinspoon, S; Corcoran, C; Stanley, T; et al PMID: 10634364 Click Here for Full Free Text ➤ "A double-blind, placebo-controlled trial of testosterone therapy for HIV-positive men with hypogonadal symptoms" <i>Arch Gen Psychiatry</i> (2000) – Rabkin, JG; Wagner, GJ; Rabkin, R PMID: 10665616 Click Here for Full Free Text
INFERTILITY	➤ "Aromatase inhibitors for male infertility" <i>J Urol</i> (2002) – Raman, JD; Schlegel, PN PMID: 11792932 Click Here for Abstract ➤ "What a andrologist/urologist should know about free radicals and why" <i>Urology</i> (2006) – Agarwal, A; Prabakaran, S; Allamaneni, S PMID: 16413322 Click Here for Abstract
KLINEFELTER	➤ "Klinefelter syndrome and its variants" <i>Clin Pediatr (Phila)</i>. (2001) – Visootsak, J; Graham, JM PMID: 11771918 Click Here for Abstract ➤ "Immunoeexpression of androgen receptors and aromatase in testes of patient with Klinefelter's syndrome" <i>Folia Histochem Cytobiol</i> (2004) – Kotula-Balak, M; Bablock, L PMID: 15704647 Click Here for Full Free Text ➤ "Effects of pharmacological doses of testosterone and dihydrotestosterone on the hypothalamic-pituitary axis function of Klinefelter patients" <i>J Endocrinol Invest</i> (1983) – Forti, G; Vannucchi, PL; Borghi, A; et al PMID: 6417219 Click Here for Abstract
LIPIDS	➤ "Serum testosterone level is the major determinant of the male-female differences in serum levels of high-density lipoprotein (HDL) cholesterol and HDL2 cholesterol" <i>Metabolism</i> (1994) – Assechman, H; Gooren, LJ; Megens, JA; et al PMID: 8052149 Click Here for Abstract ➤ "Relationship of sex hormones to lipids and lipoproteins in nondiabetic men" <i>J Clin Endocrinol Metab</i> (1993) – Haffner, SM; Mykkanen, L; Valdez, RA; et al PMID: 8263149 Click Here for Full Free Text ➤ "Differential contribution of testosterone and estradiol in the determination of cholesterol and lipoprotein profile in healthy middle-aged men" <i>Atherosclerosis</i> (2002) – Van Pottelbergh, I; Braeckman, L; et al PMID: 12482555 Click Here for Abstract ➤ "Effects of testosterone replacement on HDL subfractions and apolipoprotein A-1 containing lipoproteins" <i>Clin Endocrinol</i> (1998) – Tab, KCB; Shiu, SWM; et al PMID: 9579231 Click Here for Abstract ➤ "Effects of testosterone replacement therapy on lipids and lipoproteins in hypogonadal and elderly men" <i>Atherosclerosis</i> (1996) – Zgliczynski, S; Ossowski, M; et al PMID: 8678922 Click Here for Abstract ➤ "Effects of transdermal testosterone treatment on serum lipid and lipoprotein levels in men more than 65 years of age" <i>Am J Med</i> (2001) – Synder, PJ; Peachy, H; Berlin, JA; et al PMID: 11566454 Click Here for Abstract ➤ "Effects of long-term use of testosterone enanthate. II. Effects on lipids, high and low density lipoprotein cholesterol and liver function parameters" <i>Int J Androl</i> (1999) – Tyagi, A; et al PMID: 10624603 Click Here for Abstract ➤ "Lipoprotein profile in men with prostate cancer undergoing androgen deprivation therapy" <i>Int J Impot Res</i> (2006) – Braga-Basaria, M; Muller, DC; et al PMID: 16617314 Click Here for Abstract

TOPIC	READINGS
	➤ "Beneficial effects of testosterone undecanoate on the lipoprotein profiles in healthy elderly men" <i>Jpn Heart J</i> (1997) – Uyanik, BS; Ari, A; Gumus, B; et al PMID: 9186283 Click Here for Abstract ➤ "The effects of aging and testosterone on lipids and cardiovascular risk" <i>J Clin Endocrinol Metab</i> (1998) – Bagatell, CJ; Bremmer, WJ PMID: 9768643 Click Here for Full Free Text
MUSCLE CATABOLISM	➤ "Androgen treatment and muscle strength in elderly men: a meta-analysis" <i>J Am Geriatr Soc</i> (2006) – Ottenbacher, KJ; Ottenbacher, ME; et al PMID: 17087692 Click Here for Full Free Text ➤ "Transdermal testosterone gel improves sexual function, mood, muscle strength, and body composition parameters in hypogonadal men. Testosterone gel study group" <i>J Clin Endocrinol Metab</i> (2000) – Wang, C; Swedloff, RS; Iranmanesh, A; et al PMID: 10946892 Click Here for Full Free Text ➤ "Effects of testosterone supplementation on skeletal muscle fiber hypertrophy and satellite cells in community dwelling, older men" <i>J Clin Endocrinol Metab</i> (2006) – Sinha-Hikim, I; et al PMID: 16705073 Click Here for Full Free Text ➤ "Exercise increases serum testosterone and sex hormone-binding globulin levels in older men." <i>Metabolism</i> (1996) Zmuda JM Thompson PD Winters SJ PMID 8769347 Click Here for Abstract ➤ "Effect of training status and exercise mode on endogenous steroid hormones in men." <i>J Appl Physiol</i> (2003) Tremblay MS Copeland JL Van Helder W PMID: 14514704 Click Here for Full Free Text
NITRIC OXIDE	➤ "Nitric oxide as a mediator of relaxation of the corpus cavernosum in response to nonadrenergic, noncholinergic neurotransmission" <i>N Engl J Med</i> (1992) – Rajfer, J; Aronson, WJ; Bush, PA; et al PMID: 1309211 Click Here for Abstract ➤ "The effect of androgen on nitric oxide synthetase in the male reproductive tract of the rat" <i>Fertil Steril</i> (1995) – Chamness, SL; Ricker, DD; Crone, JK; et al PMID: 7536692 Click Here for Abstract
OBESITY	➤ "The hypogonadal-obesity cycle: a role of aromatase in modulating the testosterone-estradiol shunt—a major factor in the genesis of morbid obesity" <i>Med Hypotheses</i> (1999) – Cohen, PG PMID: 10342671 Click Here for Abstract ➤ "Relationships between endogenous steroid hormone, sex hormone-binding globulin and lipoprotein levels in men: contribution of visceral obesity, insulin levels and other metabolic variables" <i>Atherosclerosis</i> (1997) – Tchernof, A; Labrie, F; et al PMID: 9298684 Click Here for Abstract ➤ "Impact of obesity on hypogonadism in the andropause" <i>Int J Androl</i> (2002) – Tan, RS; Pu, SJ PMID: 12121568 Click Here for Abstract ➤ "Aromatase, adiposity, and aging. The hypogonadal-metabolic-atherogenic-disease and aging connection" <i>Med Hypotheses</i> (2001) – Cohen, PG PMID: 11399122 Click Here for Abstract ➤ "Leptin and Androgens in male obesity: evidence for leptin contribution to reduced androgen levels" <i>J Clin Endocrinol Metab</i> (2007) Isidori AM, Caprio M et al PMID: 10523013 Click Here for Full Free Text ➤ "The effect of changes in adiposity on testosterone levels in older men: longitudinal results from the Massachusetts Male Aging Study." <i>Eur J Endocrinol</i> (2006) Mohr B et al PMID: 16914599 Click Here for Full Free Text ➤ "The age related decrease in testosterone is significantly exacerbated in obese men with the metabolic syndrome. What are the implications for the relatively high incidence of erectile dysfunction observed in these men?" <i>J Urol</i> (2006) Kaplan SA Meehan AG Shah A PMID: 16952672 Click Here for Abstract
OSTEOPOROSIS	➤ "Association of testosterone and estradiol deficiency with osteoporosis and rapid bone loss in older men" <i>J Clin Endocrinol Metab</i> (2006) – Fink ,HA; Ewing, SK; Ensrud, KE; et al PMID: 16849417 Click Here for Full Free Text ➤ "Testosterone use in men and its effects on bone health. A systematic review and meta-analysis of randomized placebo-controlled trials" <i>J Clin Endocrinol Metab</i> (2006) – Tracz, MJ; Sideras, K; Bolona, ER; et al PMID: 16720668 Click Here for Full Free Text ➤ "Osteoporosis and male-aged related hypogonadism: role of sex steroids on bone (patho)physiology" <i>Eur J Endocrinol</i> (2006) – Rochira, V; Balestrieri, A; Madeo, B; et al PMID: 16452530 Click Here for Full Free Text ➤ "Sustained benefits from previous physical activity on bone mineral density in males" <i>J Clin</i>

TOPIC	READINGS
	<i>Endocrinol Metab</i> (2006) – Nordstrom, A; Olsson, T; Nordstrom, P PMID: 16636124 Click Here for Full Free Text ➤ “Gender differences in fracture risk and bone mineral density” <i>Maturitas</i> (2000) – Kudlacek, S; Schneider, B; Resch, H; et al PMID: 11063899 Click Here for Abstract ➤ “Association of hypogonadism and estradiol levels with bone mineral density in elderly men from the Framingham study” <i>Ann Int Med</i> (2000) – Amin, S; Zhang, Y; Sawin, CT; et al PMID: 11119396 Click Here for Full Free Text ➤ “Bioavailable estradiol may be an important determinant of osteoporosis in men: the MINOS study” <i>J Clin Endocrinol Metab</i> (2001) – Szulc, P; Munoz, F; et al PMID: 11232000 Click Here for Full Free Text ➤ “Long-term effect of testosterone therapy on bone mineral density in hypogonadal men” <i>J Clin Endocrinol Metab</i> (1997) – Behre, HM; Kliesch, S; Leifke, E; et al PMID: 9253305 Click Here for Full Free Text ➤ “Androgen supplementation in eugonadal men with osteoporosis: effect of six months’ treatment on markers of bone formation and resorption” <i>J Bone Miner Res</i> (1997) – Anderson, FH; Francis, RM; et al PMID: 9076591 Click Here for Abstract ➤ “Testosterone treatment in elderly men with subnormal testosterone levels improves body composition and BMD in the hip.” <i>Int J Impot Res</i> (2008) Svartberg J et al PMID: 18480825 Click Here for Abstract ➤ http://www.niams.nih.gov/Health_Info/Bone/Osteoporosis/overview.pdf ➤ http://www.niams.nih.gov/Health_Info/Bone/Pagets/new_patient.pdf
PROSTATE	➤ “Androgen replacement after curative radical prostatectomy for prostate cancer in hypogonadal men” <i>J Urol</i> (2004) – Kaufman, JM; Graydon, RJ PMID:15310998 Click Here for Abstract ➤ “Low serum testosterone levels are associated with positive surgical margins in radical retropubic prostatectomy: hypogonadism represents bad prognosis in prostate cancer” <i>J Urol</i> (2005) – Teloken, C; Teodosio, C; Caraver, F; et al PMID: 16280759 Click Here for Abstract ➤ “Hyperglycemia and insulin resistance in men with prostate carcinoma who received androgen-deprivation therapy” <i>Cancer</i> (2005) – Basaria, S; Muller, DC; Carducci, MA; et al PMID: 16388523 Click Here for Full Free Text ➤ “Testosterone deficiency and prostate cancer: emerging recognition of an important and troubling relationship” <i>Eur Urol</i> (2007) – Morgentaler, A PMID: 17433531 Click Here for Abstract
PSA	➤ “Prostate-specific antigen changes in hypogonadal men treated with testosterone replacement” <i>J Androl</i> (2002) – Gerstenbluth, RE; Maniam, PN; Corty, EW; et al PMID: 12399540 Click Here for Full Free Text
SEXUAL DYSFUNCTION	➤ “Treatment of sexual dysfunction of hypogonadal patients with long-acting testosterone undecanoate (Nebido)” <i>World J Urol</i> (2006) – Yassin, A; Saad, F PMID: 17048032 Click Here for Abstract ➤ “The relationship between libido and testosterone levels in aging men” <i>J Clin Endocrinol Metab</i> (2006) – Trivison, TG; Morley, JE; Araujo, AB; et al PMID: 16670164 Click Here for Full Free Text ➤ “The effect of topically applied vasoactive agents and testosterone versus testosterone in the treatment of erectile dysfunction in aged men with low sexual interest” <i>Int J Impot Res</i> (2000) – Gomaa, A; El-Gebaley, A PMID: 11426345 Click Here for Full Free Text ➤ “Restorative increases in serum testosterone levels are significantly correlated to improvements in sexual functioning” <i>J Androl</i> (2004) – Seftel, AD; Mack, RJ; Secrest, AR; Smith, TM PMID: 15477371 Click Here for Full Free Text ➤ “Diagnosis and treatment of ejaculatory dysfunction” <i>Urol Clin N Am</i> (2002) – Schuster, TG; Ohl, DA PMID: 12516763 Click Here for Abstract ➤ ‘Up and coming’ treatments for premature ejaculation: progress towards an approved therapy. <i>Int J Impot Res</i> (2009) Powell JA Wyllie MG PMID: 19148131 Click Here for Abstract

Supplementation

TOPIC	READINGS
AROMATASE INHIBITORS	➤ "Letrozole normalizes serum testosterone in severely obese men with hypogonadotropic hypogonadism" <i>Diabetes Obes Metab</i> (2005) – de Boer, H; Verschoor, L; Ruinemens-Koerts, J; et al PMID: 15811136 Click Here for Abstract ➤ "Effects of aromatase inhibition in elderly men with low or borderline-low serum testosterone levels" <i>J Clin Endocrinol Metab</i> (2004) – Leder, BZ, Rohrer, JL; et al PMID: 15001605 Click Here for Full Free Text ➤ "An overview of the pharmacology and pharmacokinetics of the newer generation aromatase inhibitors anastrozole, letrozole, and exemestane" <i>Cancer</i> (2002) – Buzdar, AU, Robertson, JF; et al PMID: 12404296 Click Here for Full Free Text ➤ "Comparison of in vitro exemestane activity versus other antiaromatase agents" <i>Clin Breast Cancer</i> (2000) – Soudon, J PMID: 11970753 Click Here for Abstract ➤ "Aromatase inhibition for the treatment of idiopathic hypogonadotropic hypogonadism in men with premature ejaculation" <i>Southern Medical Journal</i> (2003) – Holbrook, JM; Cohen, PG PMID: 12938779 Click Here for Abstract ➤ "Anastrozole: a new selective nonsteroidal aromatase inhibitor" <i>Oncology</i> (1997) – Goss, PE; Tye, LM PMID: 9394367 Click Here for Abstract ➤ "The role of aromatization in testosterone supplementation: effects on cognition in older men" <i>Neurology</i> (2005) – Cherrier, MM; Matsumoto, AM; et al PMID: 15668427 Click Here for Abstract ➤ "The effect of aromatase inhibition on sex steroids, gonadotropins, and markers of bone turnover in older men" <i>J Clin Endocrinol Metab</i> (2001) – Taxel, P; Kennedy, DG; et al PMID: 11397902 Click Here for Full Free Text ➤ "Synthesis and aromatase inhibitory activity of flavanones" <i>Pharmaceutical Research</i> (2001) – Pouget, C; Fagnere, C; et al PMID: 11934235 Click Here for Abstract ➤ "A yeast screen system for aromatase inhibitors and ligands for androgen receptor: yeast cells transformed with aromatase and androgen receptor" <i>Environ Health Perspect</i> (1999) – Mak, P; Cruz, FD; Chen, S PMID: 10544151 Click Here for Full Free Text ➤ "The antiandrogenic effects of delta 1-testolactone (Teslac) in vivo in rats and in vitro in human cultured fibroblasts, rat mammary carcinoma cells, and rat prostate cytosol." <i>Endocrinol</i> (1982) Vigersky RA, Mozingo D et al PMID 7053985 Click Here for Abstract ➤ "Estrogen suppression in males: metabolic effects." <i>J Clin Endocrinol Metab</i> (2000) Murras N, O'Brien KO, Klein KO, Hayes V. PMID 10902781 Click Here for Full Free Text ➤ "Aromatization mediates testosterone's short-term feedback restraint of 24-hour endogenously driven and acute exogenous gonadotropin-releasing hormone-stimulated luteinizing hormone and follicle-stimulating hormone secretion in young men." <i>J Clin Endocrinol Metab</i> (2001) Schnorr JA, Bray MJ, Veldhuis JD. PMID 11397860 Click Here for Full Free Text
CLOMIPHENE	➤ "Complete reversal of adult-onset isolated hypogonadotropic hypogonadism with Clomiphene citrate" <i>Fertil Steril</i> (2006) – Ioannidou-Kadis, S; et al PMID: 17070201 Click Here for Abstract ➤ "Effect of raising endogenous testosterone levels in impotent men with secondary hypogonadism: double-blind placebo-controlled trial with clomiphene citrate" <i>J Clin Endocrinol Metab</i> (1995) – Guay, AT; et al PMID: 8530597 Click Here for Full Free Text ➤ "Use of Clomiphene citrate to reverse premature andropause secondary to steroid abuse" <i>Fertil Steril</i> (2003) – Tan, RS; Vasudevan, D PMID: 12524089 Click Here for Abstract ➤ "Clomiphene citrate therapy for male infertility." <i>Urology</i> (1979) Allag IS, Alexander NJ PMID: 388805 Click Here for Abstract ➤ "Restoration of plasma testosterone levels in uremic men with clomiphene citrate." <i>J Clin Endocrinol Metab</i> (1976) Lim VS Fang VS PMID: 1002820 Click Here for Abstract ➤ "Testicular germ cell tumors after clomiphene therapy for subfertility." <i>J Urol</i> (1985). Nilsson A Nilsson S PMID 2993674 Click Here for Abstract ➤ "Clomiphene citrate: a correlation of its effect on sperm concentration and morphology, total gonadotropins, ICSH, estrogen and testosterone excretion, and testicular cytology in normal men." <i>J Clin Endocrinol Metab</i> (1969) Heller CG, Rowley MJ, Heller GV PMID: 5781777 Click Here for Abstract ➤ "Sequential changes in total and free testosterone and androstenedione in plasma during spontaneous and Clomid-induced ovulatory cycles." <i>Am J Obstet Gynecol</i> (1973) Dupon C, Rosenfield RL, Cleary RE. PMID: 4685498 Click Here for Abstract

TOPIC	READINGS
DANAZOL	➤ "Free testosterone levels during Danazol therapy" <i>Fertil Steril</i> (1983) – Nilsson, B; Sodergard, R; et al PMID: 6682051 Click Here for Abstract ➤ "Dosage-related effects of danazol on sex hormone binding globulin and free and total androgen levels" <i>Clin Endocrinol</i> (1986) – Forbes, KL; Dowsett, M; et al PMID: 3304725 Click Here for Abstract ➤ "Use of Danazol in the Treatment of Hypogonadism in Men" <i>Free Patents Online</i> (1999)- Carruthers ME Click Here for Full Free Text
DHT	➤ "Dihydrotestosterone: a rationale for its use as a non-aromatizable androgen replacement therapeutic agent" <i>Baillieres Clin Endocrinol Metab</i> (1998) – Swedleff, R; Wang, C PMID: 10332569 Click Here for Abstract ➤ "Transdermal dihydrotestosterone treatment of 'andropause'" <i>Ann Med</i> (1993) – de Lignieres, B PMID: 7687444 Click Here for Abstract ➤ "Kinetics and effect of percutaneous administration of dihydrotestosterone in children" <i>Horm Res</i> (2001) – Charmandari, E; Dattani, MT; Perry, LA; et al PMID: 11910204 Click Here for Abstract ➤ "Comparative pharmacokinetics of three doses of percutaneous dihydrotestosterone gel in healthy elderly men-a clinical research center study" <i>J Clin Endocrinol Metab</i> (1998) – Wang, C; Iranmanesh, A; Berman, N; et al PMID: 9709942 Click Here for Full Free Text ➤ "Should the nonaromatizable androgen dihydrotestosterone be considered as an alternative to testosterone in the treatment of the andropause?" <i>J Clin Endocrinol Metab</i> (2002) – Wang and Swerdloff PMID: 11932265 Click Here for Full Free Text ➤ "A double-blind, placebo-controlled, randomized clinical trial of transdermal dihydrotestosterone gel on muscular strength, mobility, and quality of life in older men with partial androgen deficiency." <i>J Clin Endocrinol Metab</i> (2001) Ly LP, Jimenez M, et al PMID: 11549629 Click Here for Full Free Text ➤ "Long-term pharmacokinetics of transdermal testosterone gel in hypogonadal men." <i>J Clin Endocrinol Metab</i> (2000) Swerdloff RS, Wang C PMID: 11134099 Click Here for Full Free Text ➤ "Effects of 10 days administration of percutaneous dihydrotestosterone on the pituitary-testicular axis in normal men." <i>J Clin Endocrinol Metab</i> (1984) Kuhn JM, Rieu M, et al PMID : 6363434 Click Here for Abstract ➤ "Studies on the treatment of idiopathic gynaecomastia with percutaneous dihydrotestosterone" <i>Clin Endocrinol (Oxf)</i> (1983) Kuhn JM, Roca R et al PMID: 6354523 Click Here for Abstract ➤ "Dihydrotestosterone and the concept of 5 alpha-reductase inhibition in human benign prostatic hyperplasia" <i>Eur Urol</i> (2000) – Bartsch, G; Rittmaster, RS; Klocker, H PMID: 10765065 Click Here for Abstract ➤ "The dihydrotestosterone (DHT) hypothesis of prostate cancer and its therapeutic implications." <i>Prostate</i> (1986) Petrow V. PMID: 3537993 Click Here for Abstract ➤ "Successful percutaneous dihydrotestosterone treatment of gynecomastia occurring during highly active antiretroviral therapy: four cases and a review of literature" <i>Clin Infect Dis</i> (2001) – Benveniste, O; Simon, A; Herson, S PMID: 11512095 Click Here for Full Free Text
ESTROGEN AND PROGESTERONE	➤ "Association of endogenous sex hormones with C-reactive protein levels in middle-aged and elderly men" <i>Clin Endocrinol</i> (2007) – Pour, HRN; Brobbbee, DE; et al PMID: 17302874 Click Here for Abstract ➤ "Serum estradiol and risk of stroke in elderly men" <i>Neurology</i> (2007) – Abbott, RD; Launer, LJ, et al PMID: 17310026 Click Here for Abstract ➤ "Endogenous sex hormones, cognitive decline, and future dementia in old men" <i>Ann Neurol</i> (2006) – Geerlings, MI; Strozyk, D; Masaki, K; et al PMID: 16865684 Click Here for Abstract ➤ "Endogenous estradiol and risk of dementia in women and men: the Rotterdam study" <i>Ann Neurol</i> (2002) – Geerlings, MI; Launer, LJ; et al PMID: 12730994 Click Here for Abstract ➤ "Significance of oestrogens in male (patho)physiology" <i>Ann Endocrinol</i> (2003) – Gooren, LJ; Toorians, AW PMID: 12773948 Click Here for Abstract ➤ "The roles of oestrogen in the male" <i>TEM</i> (1998) – Sharpe, RM PMID: 18406308 Click Here for Abstract ➤ "The role of local estrogen biosynthesis in males and females" <i>Trends in Endocrinology and Metabolism</i> (2000) – Simpson, E; Rubin, G; et al PMID: 10856920 Click Here for Abstract ➤ "Cardiovascular actions of estrogens in men" <i>J Clin Endocrinol Metab</i> (1999) – Sudhir, K;

TOPIC	READINGS
	Komesaroff, PA PMID: 10522972 Click Here for Full Free Text ➤ “The association of hyperestrogenemia with coronary thrombosis in men” <i>Arterioscler Thromb Vasc Biol</i> (1995) – Phillips, GB; Pinkernell, BH; Jing, T PMID: 8911277 Click Here for Full Free Text ➤ “Sex hormones and neuropathology in elderly men: the HAAS” <i>Neurobiology of Aging</i> (2005) – Strozyk, D; White, LR; Petrovitch, H; et al PMID: 16500732 Click Here for Abstract ➤ “Estradiol in elderly men.” <i>Ageing Male</i> (2002) Vermeulen A, Kaufman JM et al PMID 12198740 Click Here for Abstract ➤ “Clinical review 144: Estrogen and the male skeleton.” <i>J Clin Endocrinol Metab</i> (2002) Khosla S Melton LJ, Riggs BL. PMID: 11932262 Click Here for Full Free Text ➤ “The association of hyperestrogenemia with coronary thrombosis in men. <i>Arterioscler Thromb Vasc Biol.</i> (1996) Phillips GB, Pinkernell BH, Jing TY. PMID: 8911277 Click Here for Full Free Text ➤ “Estradiol and Metabolic Syndrome in Older Italian MenL The InCHIANTI Study” <i>J Androl</i> (2008) Maggio M, Lauretani F et al PMID: 19059904 Click Here for Full Free Text
METHYL-TESTOSTERONE	➤ “Liver damage from long-term methyltestosterone” <i>Lancet</i> (1977) – Westaby, D, et al PMID: 69876 Click Here for Abstract ➤ “Biotransformation of oral dehydroepiandrosterone in elderly men: significant increase in circulating estrogens” <i>J Clin Endocrinol Metab</i> (1998) – Arlt, W; Haas, J; et al PMID: 10372727 Click Here for Full Free Text ➤ “The effect of six months treatment with a 100 mg daily dose of dehydroepiandrosterone (DHEA) on circulating sex steroids, body composition and muscle strength in age-advanced men and women” <i>Clin Endocrinol</i> (1998) – Morales, AJ; Haubrich, RH; et al PMID: 9876338 Click Here for Abstract
PARLODEL	➤ “Parlodel treatment of uremic hypogonadism in men” <i>Nephron</i> (1986) – Ermolenko, VM; et al PMID: 3079888 Click Here for Abstract
SHBG	➤ “Diet and sex hormone-binding globulin” <i>J Clin Endocrinol Metab</i> (2000) – Longcope, C; Feldman, HA; et al PMID: 10634401 Click Here for Full Free Text ➤ “Androgens, estrogens, and sex hormone-binding globulin in middle-aged men” <i>J Clin Endocrinol Metab</i> (1990) – Longcope, C; Goldfield, SRW, Brambilla, DJ; et al PMID: 2229299 Click Here for Abstract ➤ “Sex hormone-binding globulin in endocrine regulation” <i>Endocr Regul</i> (1996) – Hampl, R; Starka, L PMID: 10979036 Click Here for Abstract
TESTOSTERONE General	➤ “A population-level decline in serum testosterone levels in American men” (2007) – Travison, TG; Araujo, AB; O'Donnell, AB; et al PMID: 17062768 Click Here for Full Free Text
Risk vs. Benefit	➤ “Benefits and risks of treating hypogonadism in the aging male” <i>The Endocrine Society Annual Meeting-June 22,2001</i> (2002) – Bhasin, S; et al ➤ “Androgen deficiency in the aging male: benefits and risks of androgen supplementation” <i>J Steroid Biochem Mol Biol</i> (2003)- Gooren, L PMID: 12943721 Click Here for Abstract ➤ “Risks versus benefits of testosterone therapy in elderly men” <i>Drugs Aging</i> (1999) – Basaria, S; Dobs, AS PMID: 10495072 Click Here for Abstract ➤ “Testosterone replacement therapy for older men” <i>J Androl</i> (2006) – Wald, M; Meacham, RB; et al PMID: 16474018 Click Here for Full Free Text ➤ “Testosterone replacement therapy: current trends and future directions” <i>Human Reproduction Update</i> (2004) – Nieschlag, E; Behre, HM; Bouchard, P; et al PMID: 15297434 Click Here for Full Free Text ➤ “Testosterone therapy in adult men with androgen deficiency syndromes: an endocrine society clinical practice guideline” <i>J Clin Endocrinol Metab</i> (2006) –Bhasin, S; et al PMID: 16720669 Click Here for Full Free Text ➤ “Testosterone replacement therapy for late-onset hypogonadism” <i>Nat Clin Pract Urol</i> (2006) – Cunningham, GR Click Here for Abstract ➤ “Long-term effects of Testim 1% testosterone gel in hypogonadal men” <i>Rev Urol</i> (2004) – Dean, JD; et a PMID: 16985908 Click Here for Full Free Text
Testosterone Gel	➤ “Compounded percutaneous testosterone gel: use and effects in hypogonadal men” <i>J Am Board Fam Pract</i> (2001) – Cutter, CB PMID: 11206690 Click Here for Full Free Text ➤ “Compounded testosterone gels: a guide for clinicians and pharmacists” <i>International Journal of Pharmaceutical Compounding</i> (2000) – Cutter, CB Click Here for Abstract

TOPIC	READINGS
Testosterone Nasal	➤ "Testosterone 17beta-N,N-dimethylglycinate hydrochloride: a prodrug with a potential for nasal delivery of testosterone" <i>J Pharm Sci</i> (2002) – Hussain, AA; et al PMID: 1192764 Click Here for Abstract
Testosterone Sublingual	➤ "Acute hormone response to sublingual androstenediol intake in young men" <i>J Appl Physiol</i> (2002) – Brown, GA; Martini, ER; Roberts BS; et al PMID: 11744653 Click Here for Full Free Text ➤ "Sublingual administration of testosterone-hydroxypropyl-beta-cyclodextrin inclusion complex simulates episodic androgen release in hypogonadal men" <i>J Clin Endocrinol Metab</i> (1991) – Stuenkel, CA; et al PMID: 1902483 Click Here for Abstract ➤ "Pharmacokinetics, bioefficacy, and safety of sublingual testosterone cyclodextrin in hypogonadal men: comparison to testosterone enanthate- a clinical research center study" <i>J Clin Endocrinol Metab</i> (1995) – Salehian, B; Wang, C; Alexander, G; et al PMID: 8530600 Click Here for Full Free Text
Testosterone Transdermal	➤ "Interpersonal testosterone transfer after topical application of a newly developed testosterone gel preparation" <i>Clin Endocrinol</i> (2002) – Rolf, C; Knie, U; et al PMID: 12030915 Click Here for Abstract ➤ "Enhanced transdermal delivery of testosterone across nonscrotal skin produces physiological concentrations of testosterone and its metabolites in hypogonadal men" <i>J Clin Endocrinol Metab</i> (1991) – Meikle, AW; et al PMID: 1740497 Click Here for Full Free Text ➤ "Pharmacokinetics, efficacy, and safety of a permeation-enhanced testosterone transdermal system in comparison with bi-weekly injections of testosterone enanthate for the treatment of hypogonadal men" <i>J Clin Endocrinol Metab</i> (1999) – Dobs, AS; Meikle, AW; Arver, S; et al PMID: 10522982 Click Here for Full Free Text ➤ "Pharmacokinetics of transdermal testosterone gel in hypogonadal men: application of gel at one site versus four sites: a general clinical research center study" <i>J Clin Endocrinol Metab</i> (2000) – Wang, C; Berman, N; et al PMID: 10720024 Click Here for Full Free Text ➤ "Three-year follow-up of androgen treatment in hypogonadal men: preliminary report with testosterone gel" <i>Aging Male</i> (2003) – Swerdloff, RS; Wang, C PMID: 14628501 Click Here for Abstract ➤ "AA2500 testosterone gel normalizes androgen levels in aging males with improvements in body composition and sexual function" <i>J Clin Endocrinol Metab</i> (2003) – Steidle, C; Schwartz, S; Jacoby, K; et al PMID: 12788872 Click Here for Full Free Text ➤ "The current status of therapy for symptomatic late-onset hypogonadism with transdermal testosterone gel" <i>European Urology</i> (2004) – Ebert, T; Jockenhovel, F PMID: 15661407 Click Here for Abstract ➤ "Long term pharmacokinetics of transdermal testosterone gel in hypogonadal men" <i>J Clin Endocrinol Metab</i> (2000) – Swerdloff, RS; Wang, C; Cunningham, G; et al PMID: 11134099 Click Here for Full Free Text ➤ "Effects of transdermal testosterone gel on bone turnover markers and bone mineral density in hypogonadal men" <i>Clin Endocrinol</i> (2001) – Wang, C; Swerdloff, RS; Iranmanesh, A; et al PMID: 11422108 Click Here for Abstract ➤ "Double-blind placebo-controlled study of testosterone patch therapy on bone turnover in men with borderline hypogonadism" <i>Int J Androl</i> (2006) – Merza, Z; Blumsohn, A; Mah, PM; et al PMID: 16390499 Click Here for Abstract ➤ "Comparison of the steady-state pharmacokinetics, metabolism, and variability of a transdermal testosterone patch versus a transdermal testosterone gel in hypogonadal men" <i>J Sex Med</i> (2005) – Mazer, N; Bell, D; Wu, J; et al PMID: 16422889 Click Here for Abstract
Testosterone Buccal	➤ "New testosterone buccal system (Striant) delivers physiological testosterone levels: pharmacokinetics study in hypogonadal men" <i>J Clin Endocrinol Metab</i> (2004) – Wang, C; Swerdloff, R; Kipnes, M; et al PMID: 15292312 Click Here for Full Free Text
Testosterone Oral	➤ "Oral testosterone in oil plus dutasteride in men: a pharmacokinetic study" <i>J Clin Endocrinol Metab</i> (2005) – Amory, JK; Bremner, WJ PMID: 15713724 Click Here for Full Free Text ➤ "Oral testosterone in oil: pharmacokinetic effects of 5 alpha reduction by finasteride or dutasteride and food intake in men" <i>J Androl</i> (2005) – Amory, JK; Page, ST; Bremner, WJ PMID: 16400081 Click Here for Full Free Text

TOPIC	READINGS
PROHORMONES	➤ "Treating andropause: prohormones and hormone metabolic modifiers" <i>International Journal of Pharmaceutical Compounding</i> (2001) – Biundo, B Click Here for Abstract ➤ "Effects of anabolic precursors on serum testosterone concentrations and adaptations to resistance training in young men" <i>Int J Sport Nutr Exerc Metab</i> (2000) – Brown, GA; Vukovich, MD; Reifenrath, TA; et al PMID: 10997957 Click Here for Abstract
DHEA	➤ "Relationship of serum dehydroepiandrosterone (DHEA), DHEA sulfate, and 5-androstene-3-beta, 17 beta-diol to risk of breast cancer in postmenopausal women" <i>Cancer Epidemiol Biomarkers Prev</i> (1997) – Dorgan, JF ; Stanczyk, FZ ; Longcope, C ; et al PMID: 9138660 Click Here for Full Free Text
ANDROSTENEDIONE	➤ "In vivo 4-androstene-3,17-dione and 4-androstene-3 beta, 17 beta-diol supplementation in young men" <i>Eur J Appl Physiol</i> (2000) – Earnest, CP; Olson, MA; Broeder, CE; et al PMID: 10638382 Click Here for Abstract ➤ "The andro project: physiological and hormonal influences of androstenedione supplementation in men 35 to 65 years old participating in a high-intensity resistance training program" <i>Arch Intern Med</i> (2000) – Broeder, CE; Quindry, J; Brittingham, K; et al PMID: 11074738 Click Here for Full Free Text ➤ "Endocrine responses to chronic androstenedione intake in 30- to 56- year-old men" <i>J Clin Endocrinol Metab</i> (2000) – Brown, GA, Vukovich, MD; Martini, ER; et al PMID: 11095435 Click Here for Full Free Text ➤ "Effects of oral androstenedione on serum testosterone and adaptations to resistance training in young men: a randomized controlled trial" <i>JAMA</i> (1999) – King, DS; Sharp, RL; Vukovich, MD PMID: 10359391 Click Here for Full Free Text ➤ www.vitaminfoundation.org/andro.html
ANDROSTENEDIOL	➤ "17 alpha androstenediol inhibition of breast tumor cell proliferation in estrogen receptor-positive and -negative cell lines" <i>Cancer Detect Prev</i> (2000) – Huynh, PN; Carter, WH; Loria, RM PMID: 11129985 Click Here for Abstract ➤ "Over-the-counter delta5 anabolic steroids 5-andrisen-3,17-dione; 5-androsten-3beta, 17beta-diol; dehydroepiandrosterone; and 19-nor-5-androsten-3,17-dione:excretion studies in men" <i>J Anal Toxicol</i> (2000) – Uralets, VP; Gillette, PA PMID: 10774538 Click Here for Abstract ➤ "Acute hormonal response to sublingual androstenediol intake in young men" <i>J Appl Physiol</i> (2002) – Brown, GA; Martinit, ER; Roberts, BS; et al PMID: 11744653 Click Here for Full Free Text ➤ "Endocrine and lipid responses to chronic androstenediol-herbal supplementation in 30 to 58 year old men" <i>J Am Coll Nutr</i> (2001) – Brown, GA; Vukovich, MD; Martini, ER; et al PMID: 11601567 Click Here for Full Free Text ➤ "Androstenediol and dehydroepiandrosterone protect mice against lethal bacterial infections and lipopolysaccharide toxicity" <i>J Med Microbiol</i> (1999) – Ben-Nathan, D; Padgett, DA; Loria, RM PMID: 10229539 Click Here for Abstract ➤ "Androstenediol (AED) prevents neuroendocrine-mediated suppression of the immune response to an influenza viral infection" <i>J Neuroimmunol</i> (1999) – Padgett, DA; Sheridan , JF PMID: 10430045 Click Here for Abstract ➤ "Steroid hormone regulation of antiviral immunity" <i>Ann N Y Acad Sci</i> (2000) – Padgett, DA; Loria, RM; Sheridan, JF PMID: 11268423 Click Here for Abstract ➤ "Increased levels of IFN-gamma in the trigeminal ganglion correlate with protection against HSV-1 induced encephalitis following subcutaneous administration with androstenediol" <i>J Neuroimmunol</i> (1998) – Carr, DJ PMID: 9726838 Click Here for Abstract ➤ "Androstenetriol and androstenediol. Protection against lethal radiation and restoration of immunity after radiation injury" <i>Ann N Y Acad Sci</i> (2000) – Loria, RM; Conrad, DH; Huff, T; et al PMID: 11268417 Click Here for Abstract
NORANDRO-STENEDIONE	➤
NORANDRO-STENEDIOL	➤ www.bodybuilding.com/store/nordioli.html
PHYTOESTROGENS	➤ "Flavonoid inhibition of aromatase enzyme activity in human preadipocytes" <i>J Steroid Biochem Mol Biol</i> (1993) – Campbell, DR; Kurzer, MS PMID: 9831487 Click Here for Abstract ➤ "Effects of flavonoids on aromatase activity, an in vitro study" <i>J Steroid Biochem Mol Biol</i> (1996) – Pelissero, C; Lenczowski, MJ; Chinzi, D; et al PMID: 8645631 Click Here for Abstract ➤ "Inhibition of aromatase activity of flavonoids" <i>Arch Pharm Res</i> (1999) – Jeong, HJ; Shin, YG;

TOPIC	READINGS
	Kim, IH; et al PMID: 10403137 Click Here for Abstract ➤ "Inhibition of human estrogen synthetase (aromatase) by flavones" <i>Science</i> (1984) – Kellis, JT; Vickery LE PMID: 6774163 Click Here for Abstract ➤ "Molecular basis of the inhibition of human aromatase (estrogen synthetase) by flavone and isoflavone phytoestrogens: a site-directed mutagenesis study" <i>Environ Health Perspect</i> (1998) – Kao, YC; Zhou, C; Sherman, M; et al PMID: 9435150 Click Here for Full Free Text ➤ "Interaction of estrogenic chemicals and phytoestrogens with estrogen receptor beta" <i>Endocrinology</i> (1998) – Kuiper, GG; Lemmen JG; Carlsson B; et al PMID: 9751507 Click Here for Full Free Text ➤ "Binding characteristics of aromatase inhibitors and phytoestrogens to human aromatase" <i>J Steroid Biochem Mol Biol</i> (1997) – Chen, S; Kao, YC; Loughton, CA PMID: 9365179 Click Here for Abstract
CHRY SIN	➤ "Effects of chrysin on urinary testosterone levels in human males" <i>J Med Food</i> (2003) – Gambelunghe, C; Rossi, R; Sommavilla, M; et al PMID: 14977449 Click Here for Abstract ➤ "Transport of the flavonoids chrysin and its conjugated metabolites by the human intestinal cell line caco-2" <i>Biochem Pharmacol</i> (1999) – Walle, UK; Galijatovic, A; Walle, T PMID: 10424761 Click Here for Abstract
INDOLE-3-CARBINOL	➤ "Altered estrogen metabolism and excretion in humans following consumption of indole-3-carbinol" <i>Nutr Cancer</i> (1991) – Michnovicz, JJ; Bradlow, HL PMID: 1656396 Click Here for Abstract ➤ "Changes in levels of urinary estrogen metabolites after oral indole-3-carbinol treatments in humans" <i>J Natl Cancer Inst</i> (1997) – Michnovicz, JJ; Adlercreutz, H; Bradlow, HL PMID: 9168187 Click Here for Full Free Text
DIM (DIINDOLYLMETHANE)	➤ "Diindolylmethane ensure healthy estrogen metabolism" <i>Natural Medicine Online</i> (2000) – Zeligs, M
HCG	➤ "Pharmacokinetics and pharmacodynamics of human chorionic gonadotropin (hCG) after rectal administration of hollow-type suppositories containing hCG" <i>Biol Pharm Bull</i> (2002) – Kowari, K; Horosawa, I; Kurai, H; et al PMID: 12033516 Click Here for Full Free Text ➤ "A double-blind, placebo-controlled, randomized clinical trial of recombinant human chorionic gonadotropin on muscle strength and physical function and activity in older men with partial age-related androgen deficiency" <i>J Clin Endocrinol Metab</i> (2002) – Liu, PY; Wishart, SM; Handelsman, DJ PMID: 12107212 Click Here for Full Free Text ➤ "Do reproductive hormones modify insulin sensitivity and metabolism in older men? A randomized, placebo-controlled clinical trial of recombinant human chorionic gonadotropin" <i>Eur J Endocrinol</i> (2003) – Liu, PY; Wishart, SM; Celermajer, DS PMID: 12534358 Click Here for Full Free Text
MILK THISTLE	➤ "Milk thistle" (1998) – Combest, WL from US Pharmacist ➤ "Milk thistle" Levien, TL; Baker, DE from Pharmacist's Letter
MUIRA PUAMA	➤
NETTLE ROOT	➤ "The effect of extract of the roots of the stinging nettle (<i>urtica dioica</i>) on the interaction of SHBG with its receptor on human prostatic membranes" <i>Planta Med</i> (1994) – Hryb, DJ; Khan, MS; Romas, NA; et al PMID: 7700987 Click Here for Abstract ➤ "Lignans from the roots of <i>Urtica Dioica</i> and their metabolites bind to human sex hormone binding globulin (SHBG)" <i>Planta Medica</i> (1997) – Schottner, M; Ganber, D; Spiteller, G PMID: 9434605 Click Here for Abstract ➤ "Extracts from fruits of saw palmetto (<i>sabal serrulata</i>) and roots of stinging nettle (<i>urtica dioica</i>): viable alternatives in the medical treatment of benign prostatic hyperplasia and associated lower urinary tracts symptoms" <i>Planta Med</i> (2001) – Koch, E PMID: 11509966 Click Here for Abstract
SAW PALMETTO	➤ "A randomized, double-blind, placebo-controlled trial to determine the effectiveness of botanically derived inhibitors of 5-alpha-reductase in the treatment of androgenic alopecia" <i>Journal of Alternative and Complementary Medicine</i> (2002) – Prager, N; Bickett, K; French, N; et al PMID: 12006122 Click Here for Abstract ➤ "Human prostatic steroid 5 alpha-reductase isoforms—a comparative study of selective inhibitors" <i>J Steroid Biochem Mol Biol</i> (1995) – lehle, C; Delos, S; Guirou, O PMID: 7577710 Click Here for Abstract ➤ "Testosterone metabolism in primary cultures of human prostate epithelial cells and fibroblasts"

TOPIC	READINGS
	<i>J Steroid Biochem Mol Biol</i> (1995) – Delos, S; Carsol, JL; Ghazarossian, E PMID: 8541234 Click Here for Abstract ➤ “Tissue effects of saw palmetto and finasteride: use of biopsy cores for in situ quantification of prostatic androgens” <i>Urology</i> (2001) – Marks, LS; Hess, DL; Dorey, FJ; et al PMID: 11337315 Click Here for Abstract ➤ “Saw palmetto for the treatment of men with lower urinary tract symptoms” <i>J Urol</i> (2000) – Gerber, GS PMID: 10751846 Click Here for Abstract ➤ www.anagen.net/sawi.htm

Urology

TOPIC	READINGS
PEYRONIE'S DISEASE	➤ "Intralesional IFN-alpha2b benefits men with Peyronie's disease" <i>Nat Clin Pract Urol</i> (2006) – Hellstrom, WJG; et al PMID: 17149377 Click Here for Abstract ➤ "Peyronie's disease: a review" <i>J Urol</i> (2003) – Gholami, SS; Gonzalez-Cadavid, NF; Lin, CS; et al PMID: 12629334 Click Here for Abstract ➤ "Peyronie's disease: current management" <i>Am Fam Physician</i> (1999) – Fitkin, J; Ho, GT; et al PMID: 10465229 Click Here for Full Free Text ➤ "Peyronie's disease" <i>Urol Clin N Am</i> (2001) – Gholami, SS; Lue, TF PMID: 11402589 Click Here for Abstract ➤ "Peyronie's disease: etiology, medical, and surgical therapy" <i>J Androl</i> (2000) – Hellstrom, WJ; Bivalacqua, TJ PMID: 10819440 Click Here for Full Free Text ➤ "Physical treatment of Peyronie's disease" <i>Am J Phys Med Rehabil</i> (2001) – Culibrk, MS; Culibrk, B PMID: 11475478 Click Here for Abstract ➤ "Effect of nitric oxide on the differentiation of fibroblasts into myofibroblasts in the Peyronie's fibrotic plaque and in its rat model" <i>Nitric Oxide</i> (2002) – Vernet, D; Ferrini, MG; Valente, EG; et al PMID: 12446175 Click Here for Abstract ➤ "L-arginine and phosphodiesterase (PDE) inhibitors counteract fibrosis in the Peyronie's fibrotic plaque and related fibroblast cultures" <i>Nitric Oxide</i> (2003) – Valente, EGA; Vernet, D; Ferrini, MG; et al PMID: 14996430 Click Here for Abstract ➤ "Potassium paraaminobenzoate (POTABA) in the treatment of Peyronie's disease: a prospective, placebo-controlled, randomized study" <i>Eur Urol</i> (2005) – Weidner, W; Hauck, EW; Schnitker, J; et al PMID: 15774254 Click Here for Abstract ➤ "Experience with intraplaque injection of verapamil for Peyronie's disease" <i>J Urol</i> (2002) – Levine, LA; Goldman, KE; Greenfield, JM PMID: 12131321 Click Here for Abstract ➤ "Transdermal electromotive administration of verapamil and dexamethasone for Peyronie's disease" <i>BJU International</i> (2003) – Di Stasi, SM; Giannantoni, A; Capelli, G; et al PMID: 12780842 Click Here for Full Free Text ➤ "Clinical evaluation of the use of propoleum in Peyronie's disease" <i>Arch Esp Urol</i> (1998) – Lemourt, OM; Filgueiras, LE; et al PMID: 9586317 Click Here for Abstract ➤ "Inhibition of Peyronie's plaque fibroblast proliferation by biological agents" <i>Int J Impot Res</i> (2000) – Anderson, MS; Shankey, TV; Lubrano, T; et al PMID: 11002396 Click Here for Abstract ➤ "Iontophoresis for treatment of Peyronie's disease" <i>J Urol</i> (2000) – Riedl, CR; Plas, E; Englehardt, P; et al PMID: 10604323 Click Here for Abstract ➤ "Treatment of Peyronie's disease with oral colchicine: long-term results and predictive parameters of successful outcome" <i>Int J Impot Res</i> (2000) – Kadioglu, A; Tefekli, A; Koksall, T; et al PMID: 11045911 Click Here for Abstract
PRIAPISM	➤ "Low-flow priapism needs recognition and early correct treatment" <i>Emerg Med J</i> (2007) – Monkhouse, SJ; Bell, S PMID: 17351229 Click Here for Abstract ➤ "Chart for preparation of dilutions of alpha-adrenergic agonists for intracavernous use in treatment of priapism" <i>J Urol</i> (1995) – Lee, M; Cannon, B; Sharifi, R PMID: 7869493 Click Here for Abstract ➤ www.emedicine.com/emerg/topic486.htm
ERECTILE DYSFUNCTION	➤ "Heart disease risk factors predict erectile dysfunction 25 years later (The Rancho Bernardo Study)" <i>Am J Cardio</i> (2005) – Barrett-Connor, E PMID: 16387558 Click Here for Abstract ➤ "Treatment of erectile dysfunction with pycnogenol and L-arginine" <i>J Sex Martial Ther</i> (2003) – Stanislavov, R; Nikolova, V PMID: 12851125 Click Here for Abstract ➤ "Hyperhomocysteinemia: a novel risk factor for erectile dysfunction" <i>Metabolism Clinical and Experimental</i> (2006) – Demir, R; Comlekci, A; et al PMID: 17142125 Click Here for Abstract ➤ "Epidemiology of sexual dysfunction in the male population" <i>Journal Compilation</i> (2006) – Beutel, ME; Weidner, W; Brahler, E PMID: 16872462 Click Here for Abstract ➤ "The effect of topically applied vasoactive agents and testosterone versus testosterone in the treatment of erectile dysfunction in aged men with low sexual interest" <i>Int J Impot Res</i> (2000) – Gomaa, A; Eissa, M; El-Gebaley, A PMID: 11426345 Click Here for Full Free Text ➤ "Androgen deficiency in the etiology and treatment of erectile dysfunction" <i>Urol Clin N Am</i> (2005) – Gore, JL; Swerdloff, RS; Rajfer, J PMID: 16291037 Click Here for Abstract ➤ "Non-surgical management of erectile dysfunction" <i>Clin Endocrinol</i> (2000) – Levy, A; Crowley, T; Gingell, C PMID: 10718821 Click Here for Full Free Text ➤ "Pharmacology of erectile function and dysfunction" <i>Urol Clin N Am</i> (2001) – Anderson, KE PMID: 11402577 Click Here for Abstract ➤ "Erectile dysfunction as a generalized vascular dysfunction" <i>Journal of the American Society</i>

TOPIC	READINGS
	<i>of Echocardiography</i> (2006) – Uslu, N; Gorgulu, Sp; et al PMID: 16500499 Click Here for Abstract ➤ “American Association of clinical endocrinologists medical guidelines for clinical practice for the evaluation and treatment of male sexual dysfunction: a couple's problem-2003 update” (2003) – <i>Endocrine Practice</i> PMID: 12917096 Click Here for Abstract ➤ “Do motorcyclists have erectile dysfunction? A preliminary study” <i>Int J Impot Res</i> (2006) – Ochiai, A; Naya, Y; Soh, J; et al PMID: 16452997 Click Here for Abstract ➤ “Topical treatment of erectile dysfunction: a randomized double blind placebo controlled trial of cream containing aminophylline, isosorbide dinitrate, and co-dergocrine mesylate” <i>Br Med J</i> (1996) – Gomaa, A; Shalaby, M; Osman, M; et al PMID: 8646143 Click Here for Full Free Text ➤ “Topical vasoactive cream in the treatment of erectile failure: a prospective, randomized placebo-controlled trial” <i>BJU Int</i> (1999) – Le Roux, PJ; Naude, JH PMID: 10368202 Click Here for Full Free Text ➤ “Liposome encapsulated prostaglandin E1 in erectile dysfunction: correlation between in vitro delivery through foreskin and efficacy in patients” <i>Urology</i> (1998) – Foldvari, M; et al PMID: 9801110 Click Here for Abstract ➤ “Pharmacological aspects of erectile dysfunction” <i>Jpn J Pharmacol</i> (2002) – Thomas, JA ➤ “Erectile dysfunction: oral pharmacotherapy options” <i>Int J Clin Pharmacol Ther</i> (2002) – Vitezic, D; Pelcic, JM PMID: 12120751 Click Here for Full Free Text ➤ “Pharmacotherapy for erectile dysfunction” <i>Chinese Medical Journal</i> (2000) – Lue, TF; Lee, KL PMID: 11775221 Click Here for Full Free Text ➤ “Combination therapy for erectile dysfunction: a randomized, double-blind, unblended active-controlled, cross-over study of the pharmacodynamics and safety of combined oral formulations of apomorphine hydrochloride, phentolamine mesylate and papaverine hydrochloride in men with moderate to severe erectile dysfunction” <i>Int J Impot Res</i> (2002) – Lammers, PI; Rubio-Aurioles, E; Castell, R; et al PMID: 11896479 Click Here for Full Free Text ➤ “Oral alpha adrenoceptor blockade as a treatment of erectile dysfunction” <i>World J Urol</i> (2001) – Anderson, KE; Stief, C PMID: 11289574 Click Here for Abstract
NON-PHARMACOLOGICAL TREATMENTS FOR ERECTILE DYSFUNCTION	➤ “Pelvic floor exercises for erectile dysfunction” <i>BJU Int</i> (2005) – Dorsey, G; Speakman, MJ; Feneley, R; et al PMID: 16104916 Click Here for Full Free Text ➤ “Prevention and treatment of erectile dysfunction using lifestyle changes and dietary supplements: what works and what is worthless, part I” <i>Urol Clin N Am</i> (2004) – Moyad, MA; Barada, JH; et al PMID: 15123405 Click Here for Abstract ➤ “Prevention and treatment of erectile dysfunction using lifestyle changes and dietary supplements: what works and what is worthless, part II” <i>Urol Clin N Am</i> (2004) – Moyad, MA; Barada, JH; et al PMID: 15123406 Click Here for Abstract ➤ http://kidney.niddk.nih.gov/kudiseases/pubs/impotence/
PREMATURE EJACULATION	➤ “Topical lidocaine-prilocaine spray for the treatment of premature ejaculation: a proof of concept study” <i>Int J Impot Res</i> (2003) – Henry R; Morales, A PMID: 12904356 Click Here for Full Free Text ➤ “Optimum usage of prilocaine-lidocaine cream in premature ejaculation” <i>Andrologia</i> (2002) – Atikeler, MK; Gecit, I; Senol, FA PMID: 12472618 Click Here for Abstract ➤ “Comparison of the efficacy of fluoxetine alone vs. fluoxetine plus local lidocaine ointment in the treatment of premature ejaculation” <i>Arch Esp Urol</i> (2000) – Atan, A; Basar, MM; Aydoganli, L PMID: 11196396 Click Here for Abstract ➤ “Study of the efficacy of fluoxetine and clomipramine in the treatment of premature ejaculation after opioid detoxification” <i>Am J Addict</i> (2006) – Abdollahian, E; Javanbakht, A; Javidi, K; et al PMID: 16449099 Click Here for Abstract ➤ “On-demand treatment of premature ejaculation with clomipramine and paroxetine: a randomized, double-blind fixed-dose study with stopwatch assessment” <i>Eur Urol</i> (2004) – Waldinger, MD; Zwinderman, AH; Olivier, B PMID: 15363569 Click Here for Abstract ➤ “Update on medical treatment of ejaculatory disorders” <i>Int J Androl</i> (2002) – Kamischke, A; Nieschlag, E PMID: 12406365 Click Here for Abstract ➤ “Efficacy of sildenafil as adjuvant therapy to selective serotonin reuptake inhibitor in alleviating premature ejaculation” <i>Urology</i> (2003) – Chen, J; Mabjeesh, NJ; Matzkin, H; et al PMID: 12559295 Click Here for Abstract ➤ “The efficacy of citalopram in the treatment of premature ejaculation: a placebo-controlled study” <i>Int J Impot Res</i> (2002) – Atmaca, M; Kuloglu, M; Tezcan, E; et al PMID: 12494286 Click Here for Full Free Text

TOPIC	READINGS
INCONTINENCE AND OVERACTIVE BLADDER	➤ "Medium-term efficacy of pelvic floor muscle training for female urinary incontinence in daily practice" <i>Int Urogynecol J</i> (2007) – Lamers, BHC; van der Vaart, CH PMID: 16791704 Click Here for Abstract ➤ "Men's bladder health: where issues differ between the sexes" <i>JMHG</i> (2004) – Muller, N ➤ "Alpha-blocker monotherapy in the treatment of nocturia in men with lower urinary tract symptoms: a prospective study of response prediction" <i>BJU Int</i> (2006) – Paick, J; Ku, JH; Shin, JW; et al PMID: 16643483 Click Here for Full Free Text ➤ http://carecure.rutgers.edu/spinewire/research/capsaicin_bladder.html
BLADDER IRRIGATIONS	➤ "The use of an alum irrigation in the treatment of massive bladder haemorrhage" <i>Pharm Weekbl Sci</i> (1989) – Schootstra, R; Van Driel, MF; Hassankhan, R; et al PMID: 2594469 Click Here for Abstract ➤ "Alum irrigation in the treatment of severe haemorrhage from the bladder" <i>Ann Chir Gynaecol</i> (1987) – Nurmi, M; Puntala, P; Torniainen, K PMID: 3674728 Click Here for Abstract ➤ "Effectiveness of neomycin/polymyxin bladder irrigation to treat resistant urinary pathogens in those with spinal cord injury" <i>Journal of Spinal Cord Medicine</i> (1999) – Lisenmeyer, TA; Jain, A; Thompson, BW PMID: 10751129 Click Here for Abstract
INTERSTITIAL CYSTITIS	➤ "Intravesical capsacin for the treatment of interstitial cystitis: a pilot study" <i>Can J Urol</i> (1999) – Fagerli, J; Fraser, MO; de Groat, WC; et al PMID: 11178598 Click Here for Abstract ➤ "Interstitial cystitis – an update" <i>Bt J Urol</i> (1996) – Thompson, AC; Christmas, TJ ➤ "New agents for the medical treatment of interstitial cystitis" <i>Expert Opinion on Investigational Drugs</i> (2001) – Theoharides, TC; Sant, GR PMID: 11227050 Click Here for Abstract ➤ "The role of allergy in interstitial cystitis" <i>Ned Tijdschr Geneesk</i> (1999) – Pelikan, Z; et al ➤ "A randomized double-blind trial of L-arginine for treatment of interstitial cystitis" <i>J Urol</i> (1999) – Korting, GE; Smith, SD; et al PMID: 9915448 Click Here for Abstract ➤ "Interstitial cystitis: bladder training with intravesical oxybutynin" <i>J Urol</i> (2000) – Barbalias, GA; Liatsikos, EN; et al PMID: 10799190 Click Here for Abstract ➤ "Hydroxyzine therapy for interstitial cystitis" <i>Urology</i> (1997) – Theoharides, T; Sant, G PMID: 9146011 Click Here for Abstract ➤ www.urologychannel.com/interstitialcystitis/index.shtml
ALPROSTADIL	➤ "An integrated analysis of alprostadil topical cream for the treatment of erectile dysfunction in 1732 patients" <i>Urology</i> (2006) – Padma-Nathan, H; Yeager, JL PMID: 16904458 Click Here for Abstract ➤ "Efficacy and safety of topical alprostadil cream for the treatment of female sexual arousal disorder (FSAD): a double-blind, multicenter, randomized, and placebo-controlled clinical trial" <i>J Sex Martial Ther</i> (2003) – Padma-Nathan, H; Brown, C; et al PMID: 14504005 Click Here for Abstract ➤ "Topical prostaglandin E1 SEPA gel for the treatment of erectile dysfunction" <i>J Urol</i> (1999) – McVary, KT; Polepalle, S; et al PMID: 10458353 Click Here for Abstract ➤ "Topical alprostadil cream for the treatment of erectile dysfunction: a combined analysis of the phase II program" <i>Urology</i> (2002) – Steidle, C; Padma-Nathan, H; Salem, S; et al PMID: 12475674 Click Here for Abstract ➤ "The efficacy and safety of a topical alprostadil cream, Alprox-TD, for the treatment of erectile dysfunction: two phase 2 studies in mild-to-moderate and severe ED" <i>Int J Impot Res</i> (2003) – Padma-Nathan, H; Steidle, C; Salem, S; et al PMID: 12605235 Click Here for Full Free Text ➤ "A double-blind, placebo-controlled, efficacy and safety study of topical gel formulation of 1% alprostadil (Topiglan) for the in-office treatment of erectile dysfunction" <i>Urology</i> (2001) – Goldstein, I; Payton, TR; Schechter, PJ PMID: 11182341 Click Here for Abstract ➤ "Deep venous thrombosis and venous thrombophlebitis associated with alprostadil treatment for erectile dysfunction" <i>Int J Impot Res</i> (2002) – Barthelmes, L; Chezian, C; Aihaku, EK PMID: 12058249 Click Here for Full Free Text
APOMORPHINE	➤ "Sublingual apomorphine: a new preparation. In erectile disorders: a narrow therapeutic margin" <i>Prescrire Int</i> (2002) PMID: 12068841 Click Here for Abstract ➤ "Sequential administration enhances the effect of apomorphine SL in men with erectile dysfunction" <i>Int J Impot Res</i> (2002) – Heaton, JP; Dean, J; Sleep, DJ PMID: 11896482 Click Here for Full Free Text ➤ "Double-blind, crossover comparison of 3 mg apomorphine SL with placebo and with 4 mg apomorphine SL in male erectile dysfunction" <i>Eur Urol</i> (2001) – Dula, E; Bukofzer, S; Perdok, R; et al PMID: 11464037 Click Here for Abstract ➤ "Efficacy and safety of fixed-dose and dose-optimization regimens of sublingual apomorphine versus placebo in men with erectile dysfunction. The Apomorphine Study Group" <i>Urology</i> (2000) – Dula, E; Keating, W; Siami, PF; et al

TOPIC	READINGS
	PMID: 10869641 Click Here for Abstract ➤ “An open-label, uncontrolled dose-optimization study of sublingual apomorphine in erectile dysfunction” <i>Clin Ther</i> (2001) – Mulhall, JP; Bukofzer, S; Edmonds, AL; et al PMID: 11558862 Click Here for Abstract ➤ “Sequential administration enhances the effect of apomorphine SL in men with erectile dysfunction” <i>Int J Impot Res</i> (2002) – Heaton, JPW; Dean, J; Sleep, DJ PMID: 11896482 Click Here for Full Free Text ➤ “Recovery of erectile function by the oral administration of apomorphine” <i>Urology</i> (1995)– Heaton, JP; Morales, A; Adams, MA; et al PMID: 7855966 Click Here for Abstract
ARGININE	➤ “Efficacy and safety of a novel combination of L-arginine glutamate and yohimbine hydrochloride: a new oral therapy for erectile dysfunction” <i>Eur Urol</i> (2002) – Lebret, T; Herve, JM; et al PMID: 12074777 Click Here for Abstract
PHEHTOLAMINE	➤ “Oral phentolamine as treatment for erectile dysfunction” <i>J Urol</i> (1998) – Becker, AJ; Stief, CG; Machtens, S; et al PMID: 9507837 Click Here for Abstract ➤ “Experience with buccal phentolamine mesylate for impotence” <i>Int J Impot Res</i> (1994) – Zorogniotti, AW PMID: 7517275 Click Here for Abstract ➤ “Vasomax for the treatment of male erectile dysfunction” <i>World J Urol</i> (2001) – Goldstein, I; Carson, C; Rosen, R; et al PMID: 11289571 Click Here for Abstract
INTRACAVERNOUS INJECTIONS	➤ “Intracavernosal therapy: when oral agents fail” <i>Current Urology Reports</i> (2001) – Nehra, A PMID: 12084233 Click Here for Abstract ➤ “Double-blind randomized crossover study comparing intracorporeal prostaglandin E1 with combination of prostaglandin E1 and lidocaine in the treatment of organic impotence” <i>Urology</i> (1995) – Kattan, S PMID: 7771004 Click Here for Abstract ➤ “Early combination therapy: intracavernosal injections and sildenafil following radical prostatectomy increases sexual activity and the return of natural erections” <i>Int J Impot Res</i> (2006) – Nandipati, K; Raina, R; Agarwal, A; et al PMID: 16482200 Click Here for Abstract ➤ “Intracavernous chlorpromazine versus phentolamine: a double-blind clinical comparative study” <i>J Sex Med</i> (2004) – Shamloul, R; El-Dakhly, M; Ghanem, H; et al PMID: 16422961 Click Here for Abstract ➤ “Three-year outcome of a progressive treatment program for erectile dysfunction with intracavernous injections of vasoactive drugs” <i>Urology</i> (2000) – Baniel, J; Israilov, S; Engelstein, D; et al PMID: 11018623 Click Here for Abstract ➤ “Intracavernous injections for erectile dysfunction in patients with cardiovascular diseases and failure or contraindications for sildenafil citrate” <i>Int J Impot Res</i> (2002)–Israilov, S; Niv, E; Livne, PM; et al PMID: 11896476 Click Here for Full Free Text ➤ “Clinical and duplex US assessment of effects of sildenafil on cavernosal arteries of the penis: comparison with intracavernosal injection of vasoactive agents-initial experience” <i>Radiology</i> (2005) – Copel, L; Katz, R; Blachar, A; et al PMID: 16237136 Click Here for Full Free Text ➤ “A prospective randomized study to optimize the dosage of Trimix ingredients and compare its efficacy and safety with prostaglandin E1” <i>Int J Impot Res</i> (2005) – Seyam, R; Mohamed, K; Al Akhras, A; et al PMID: 15772683 Click Here for Abstract ➤ “Progressive treatment of erectile dysfunction with intracorporeal injections of different combinations of vasoactive agents” <i>Int J Impot Res</i> (1999) – Shmueli, J; Israilov, S; Segenreich, E; et al PMID: 10098948 Click Here for Abstract ➤ “In vitro viability of human cavernosal endothelial and fibroblastic cells after exposure to papaverine/phentolamine and prostaglandin E1” <i>BJU Int</i> (2005) – Pilatz, A; Schultheiss, D; Gabouev, AI; et al PMID: 15892829 Click Here for Full Free Text ➤ “Clinical and sonographic assessment of the side effects on intracavernous injection of vasoactive substances” <i>Int J Impot Res</i> (2004) – Moemen, MN; Hamed, HA; Kamel, II; et al PMID: 15014552 Click Here for Full Free Text ➤ “Atropine role in the pharmacological erection test: study of 228 patients” <i>J Urol</i> (1997) – Sogari, PR; Teloken, C; Vargas Souto, CA PMID: 9334595 Click Here for Abstract ➤ “Intracavernosal forskolin: role in management of vasculogenic impotence resistant to standard 3-agent pharmacotherapy” <i>J Urol</i> (1997) – Mulhall, JP; Daller, M; Traish, AM; et al PMID: 9334594 Click Here for Abstract ➤ “Short-term histopathologic effects of different intracavernosal agents on corpus cavernosum and antifibrotic activity of intracavernosal verapamil: an experimental study” <i>Urology</i> (2001) – Sahin, M; Basar, MM; Bozdogan, O; et al PMID: 11549511 Click Here for Abstract ➤ “Cyclic AMP regulates mRNA expression of alpha-1d and alpha-2a adrenergic receptors in cultured human corpus cavernosum smooth muscle cells” <i>Int J Impot Res</i> (2000) – Traish, A;

TOPIC	READINGS
	Kim, NN; Huang, YH; et al PMID: 10845764 Click Here for Abstract ➤ "Intracavernous injection of prostaglandin E1 in combination with papaverine: enhanced effectiveness in comparison with papaverine plus phentolamine and prostaglandin E1 alone" <i>J Urol</i> (1991) – Floth, A; Schramek, P PMID: 1984099 Click Here for Abstract ➤ "Vasoactive intracavernous pharmacotherapy" <i>Urol Clin N Am</i> (1988) – Sidi, AA PMID: 2449756 Click Here for Abstract ➤ "Response to intracavernous administration of 3 different drugs in the same group of patients with erectile dysfunction" <i>Arch Esp Urol</i> (2001) – Ribe, N; Rajmil, O; Bassas, L; et al PMID: 11455770 Click Here for Abstract ➤ "Comparative study of papaverine plus phentolamine versus prostaglandin E1 in erectile dysfunction" <i>J Urol</i> (1997) – Bechara, A; Casabe, A; Cheliz, G; et al PMID: 9146599 Click Here for Abstract ➤ "Papaverine-phentolamine and prostaglandin E1 versus papaverine-phentolamine alone for intracorporeal injection therapy: a clinical double blind study" <i>J Urol</i> (1995) – Shenfeld, O; Hanani, J; Shalhav, A; et al PMID: 7637045 Click Here for Abstract ➤ "Vasoactive cocktails for erectile dysfunction: chemical stability of PGE1, papaverine, and phentolamine" <i>J Urol</i> (1998) – Soli, M; Bertaccini, A; Carparelli, F; et al PMID: 9679927 Click Here for Abstract ➤ "The pH analysis of papaverine-phentolamine and prostaglandin E1 for pharmacologic erection" <i>J Urol</i> (1989) – Seidmon, EJ; Samaha, AM, Jr PMID: 2724447 Click Here for Abstract ➤ "Intracavernosal alprostadil is effective for the treatment of erectile dysfunction in diabetic men" <i>Int J Impot Res</i> (2001) – Heaton, JP; Lording, D; Liu, SN; et al PMID: 11918246 Click Here for Abstract ➤ "An improved vasoactive drug combination for a pharmacological erection program" <i>J Urol</i> (1991) – Bennett, AH; Carpenter, AJ; Barada, JH PMID: 1719245 Click Here for Abstract
NITRIC OXIDE	➤ "New therapies for ED" (1999) – 94th Annual Meeting on Impotence, Dallas, TX ➤ "Erectile dysfunction in cyclic GMP-dependent kinase I-deficient mice" <i>Proc Natl Acad Sci</i> (1999) – Hedlund, P; Aszodi, A; Pfeifer, A; et al PMID: 10688876 Click Here for Full Free Text
PENTOXIFYLLINE	➤ "A randomized crossover study using yohimbine and isoxuprine versus pentoxifylline in the management of vasculogenic impotence" <i>J Urol</i> (1996) – Dean Knoll, L; Benson, RC; et al PMID: 7490815 Click Here for Abstract ➤ "The role of pentoxifylline in the treatment of erectile dysfunction due to borderline arterial insufficiency" <i>Br J Urol</i> (1996) – Peskircioglu, L; Karabulut, A; Deniz, E; et al PMID: 8777618 Click Here for Abstract
SSRIs	➤ "Serotonin reuptake inhibitor-induced sexual dysfunction and its treatment: a large-scale retrospective study of 596 psychiatric outpatients" <i>J Sex Martial Ther</i> (1997) – Keller Ashton, A; Hamer, R; Rosen, RC PMID: 9292832 Click Here for Abstract ➤ "SSRI-induced sexual dysfunction: fluoxetine, paroxetine, sertraline, and fluvoxamine in a prospective, multicenter, and descriptive clinical study of 344 patients" <i>J Sex Martial Ther</i> (1997) – Montejo-Gonzalez, A; et al PMID: 9292833 Click Here for Abstract ➤ "Mirtazepine substitution in SSRI-induced sexual dysfunction" <i>J Clin Psychiatry</i> (2000) – Gelenberg, AJ; et al PMID: 10847310 Click Here for Abstract ➤ "Ginkgo biloba for antidepressant-induced sexual dysfunction" <i>J Sex Martial Ther</i> (1998) – Cohen, AJ; Bartlik, B PMID: 9611693 Click Here for Abstract
FORSKOLIN	➤ "Intracavernosal forskolin: a role in management of vasculogenic impotence resistance to standard 3-agent pharmacotherapy" <i>J Urol</i> (1997) – Mulhall, JP; Daller, M; et al PMID: 9334594 Click Here for Abstract ➤ "The unique pharmacology of coleus forskohlii" <i>Am J of Natural Med</i> (1994) ➤ www.naturalhealthconsult.com/monographs/forskolin.html
TESTOSTERONE	➤ "Treatment of endocrinologic male sexual dysfunction" <i>Mayo Clin Proc</i> (2000) – Nehra, A PMID: 10959215 Click Here for Abstract ➤ "Testosterone and erectile function in hypogonadal men unresponsive to tadalafil: results from an open-label uncontrolled study" <i>Andrologia</i> (2006) – Yassin, AA; Saad, F; Diede, HE PMID: 16529577 Click Here for Abstract

Prostate Health

TOPIC	READINGS
PROSTATE CANCER	➤ "Cell death by autophagocytosis in TRAMP prostate carcinoma cells as a result of treatment by ascorbate: menadione combination" <i>Ultrastructural Pathology</i> (2005) – Gilloteaux, J; Jamison, J; Neal, D PMID: 16036878 Click Here for Abstract
PROSTATE CANCER RISKS	➤ "Vasectomy and prostate cancer risk" <i>Am J Epidemiol</i> (1990) – Mettlin, C; Natarajan, N; Huben, R PMID: 2260537 Click Here for Abstract
Vasectomy	
Genetics	➤ "A common variant associated with prostate cancer in European African populations" <i>Nature Genetics</i> (2006) – Amundadottir, LT; et al PMID: 16682969 Click Here for Abstract ➤ "Relative risk of prostate cancer for men with affected relatives: systemic review and meta-analysis" <i>Int J Cancer</i> – Bruner, DW; Moore, D; Parlanti, A; et al PMID: 14566830 Click Here for Full Free Text ➤ "African American men and hereditary/familial prostate cancer: intermediate-risk populations for chemoprevention trials" <i>Urology</i> (2001) – Powell, I; Meyskens, FL PMID: 11295621 Click Here for Abstract
Obesity	➤ "The linkage between obesity and prostate cancer" <i>PCRI Insights</i> (2004) – Heber, D Click Here for Full Free Text ➤ "Body mass index is weakly associated with, and not a helpful predictor of, disease progression in men with clinically localized prostate carcinoma treated with radical prostatectomy" <i>Cancer</i> (2005) – Mallah, KN; DiBlasio, CJ; Rhee, AC; et al PMID: 15822118 Click Here for Full Free Text ➤ "The 'skinny' on obesity and prostate cancer prognosis" <i>J Clin Oncol</i> (2004) – Neugut, AI; Chen, AC; Petrylak, DP; et al PMID: 14691129 Click Here for Full Free Text ➤ "The impact of obesity in urology" <i>Uro Clin North Am</i> (2004) PMID: 15123407 Click Here for Abstract ➤ "Obesity, weight gain, and risk of biochemical failure among prostate cancer patients following prostatectomy." <i>Clin Cancer Res</i> (2005) Strom SS Wang X et al PMID: 16203779 Click Here for Full Free Text
Cholesterol & Diet	➤ "Interaction of factors related to the metabolic syndrome and vitamin D on risk of prostate cancer" <i>Cancer Epidemiol Biomarkers Prev</i> (2007) – Tuohimaa, P; Tenkanen, L; Syvala, H; et al PMID: 17301263 Click Here for Full Free Text ➤ "Body mass index, weight change, and risk of prostate cancer in the cancer prevention study II Nutritional Cohort" <i>Cancer Epidemiol Biomarkers Prev</i> (2007) – Rodriguez, C; Freedland, SJ; Deka, A; et al PMID: 17179486 Click Here for Full Free Text ➤ "Dietary patterns and risk of prostate cancer in US men" <i>Cancer Epidemiol Biomarkers Prev</i> (2006) – Wu, K; Hu, FB; Willett, WC; et al PMID: 16434606 Click Here for Full Free Text ➤ "Zinc supplement use and risk of prostate cancer" <i>J Natl Cancer Inst</i> (2003) – Leitzmann, MF; Stampfer, MJ; Wu, K; et al PMID: 12837837 Click Here for Full Free Text
Testosterone	➤ "Membrane androgen receptor activation induces apoptotic regression of human prostate cancer cells in vitro and in vivo" <i>J Clin Endocrinol Metab</i> (2005) – Hatzoglou, A; Kampa, M; Kogia, C; et al PMID: 15585562 Click Here for Full Free Text ➤ "Androgen receptor mutation are associated with Gleason score in localized prostate cancer" <i>BJU Int</i> (2006) – Sanchez, D; Rosell, D; Honorato, B; et al PMID: 17034507 Click Here for Full Free Text ➤ "Prostate cancer risk in testosterone-treated men" <i>J Steroid Biochem Mol Biol</i> (2006) – Raynaud, JP PMID: 17113983 Click Here for Abstract ➤ "Three-year follow-up of androgen treatment in hypogonadal men: preliminary report with testosterone gel" <i>Aging Male</i> (2003) – Swerdloff, RS; Wang, C PMID: 14628501 Click Here for Abstract ➤ "Prospective study of plasma hormone levels, nonhormonal factors, and development of benign prostatic hyperplasia" <i>Prostate</i> (1995) – Gann, PH; Hennekens, CH; Longcope, C; et al PMID: 7531326 Click Here for Abstract ➤ "Androgen receptor corepressors and prostate cancer" <i>Endocrine-Related Cancer</i> (2006) – Burd, CJ; Morey, LM; Knudsen, KE PMID: 17158750 Click Here for Full Free Text ➤ "Testosterone replacement therapy in hypogonadal men at high risk for prostate cancer: results of 1 year of treatment in men with prostatic intraepithelial neoplasia" <i>J Urol</i> (2003) – Rhoden, EL; Morgentaler, A PMID: 14634413 Click Here for Abstract ➤ "Managing the risks of prostate disease during testosterone replacement therapy in older men: recommendations for a standardized monitoring plan" <i>J Androl</i> (2003) – Bhasin, S; Singh, AB; Mac, RP; et al PMID: 12721204 Click Here for Full Free Text ➤ "Prostate cancer in men using testosterone supplementation" <i>J Urol</i> (2005) – Gaylis, FD; Lin,

TOPIC	READINGS
	DW; Ignatoff, JM; et al PMID: 16006887 Click Here for Abstract ➤ Testosterone supplementation and the prostate: a review of the safety issue" <i>J Urol</i> (2006) – Marks, LS; Nelson, PS Click Here for Abstract ➤ "Serum estrogen, but not testosterone, levels differ between black and white men in a nationally representative sample of Americans" <i>J Clin Endocrinol Metab</i> (2007) – Rohrmann, S; Nelson, WG; Rifai, N; et al PMID: 17456570 Click Here for Full Free Text
Estrogen	➤ "Estrogens and aspects of prostate disease" <i>Int J Urol</i> (2007) – Prezioso, D; Denis, LJ; Klocker, H; et al PMID: 17199853 Click Here for Abstract ➤ "Developmental exposure to estradiol and bisphenol A increases susceptibility to prostate carcinogenesis and epigenetically regulates phosphodiesterase Type 4 Variant 4" <i>Cancer Res</i> (2006) – Ho, S; Tang, W; et al PMID: 16740699 Click Here for Full Free Text ➤ "The early in utero oestrogen and testosterone environment of blacks and whites: potential effects on male offspring" <i>Br J Cancer</i> (1988) – Henderson, BE; Bernstein, L' Ross, RK; et al PMID: 3358915 No Abstract ➤ "Oestrogen receptor beta is required for androgen-stimulated proliferation of LNCaP prostate cancer cells" <i>J Molec Endocrinol</i> (2004) – Maggiolini, M; Recchis, AG; Carpino, A; et al PMID: 15171712 Click Here for Full Free Text ➤ "Catechol estrogen metabolites and conjugates in different regions of the prostate of Noble rats treated with 4-hydroxyestradiol: implications for estrogen-induced inhibition of prostate cancer" <i>Carcinogenesis</i> (2002) – Cavalieri, EL; Devanesan, P; Bosland, MC; et al PMID: 11872641 Click Here for Full Free Text
PROSTATE CANCER DIAGNOSIS	➤ www.acpm.org/prostate.htm
General Information	
Patient Barriers & Obesity	➤ "The informed man: attitudes and information needs on prostate cancer screening" <i>J Men Health Gend</i> (2005) – Ilic, D; Risbridger, GP; Green, S Click Here for Abstract ➤ http://news.bbc.co.uk/go/pr/fr/-/1/hi/health/4191237.stm
PSA	➤ "EPCA-2: a highly specific serum marker for prostate cancer" <i>Urology</i> (2007) – Leman, ES; Cannon, GW; Trock, BJ; et al PMID: 17445657 Click Here for Abstract ➤ "Obesity is negatively associated with prostate-specific antigen in US men, 2001-2004" <i>Cancer Epidemiol Biomarkers Prev</i> (2007) – Werny, DM; Thompson, T; et al PMID: 17179487 Click Here for Full Free Text ➤ "Detection rates and biologic significance of cancer with PSA less than 4.0 ng/mL: observation and clinical implications from Tyrol Screening Project" <i>Urology</i> (2005) – Pelzer, AE; Tewari, A; Bektic, J; et al PMID: 16286118 Click Here for Abstract ➤ "The association of body mass index and prostate-specific antigen in a population-based study." <i>Cancer</i> (2005) Baillargeon J et al PMID: 15668913 Click Here for Full Free Text ➤ "Should men with serum prostate-specific antigen $\leq$ 4 ng/ml and normal digital rectal examination undergo a prostate biopsy? A literature review" <i>Oncology</i> (2006) – Pepe, P; Panella, P; D'Arrigo, L; et al PMID: 16601365 Click Here for Abstract ➤ "The ratio of prostate-specific antigen (PSA) to prostate volume (PSA density) as a parameter to improve the detection of prostate carcinoma in PSA values in the range of < 4 ng/mL" <i>Cancer</i> (2005) – Stephan, C; Stroebe, G; Heinau, M; et al PMID: 16007682 Click Here for Full Free Text ➤ "The long-term clinical impact of biochemical recurrence of prostate cancer 5 or more years after radical prostatectomy" <i>J Urol</i> (2003) – Ward, JF; Blute, ML; Slezak, J; et al PMID: 14532796 Click Here for Abstract ➤ "Preoperative PSA velocity and the risk of death from prostate cancer after radical prostatectomy" <i>N Engl J Med</i> (2004) – D' Amico, AV; Chen, M; et al PMID: 15747353 Click Here for Full Free Text ➤ www.prostate90.com/prostate_cancer/amas_test.html ➤ www.cancer.gov/cancertopics/factsheet/Detection/PSA
Digital Calculator, DRE, New Advances	➤ "Sex hormone-binding globulin in the human prostate is locally synthesized and may act as an autocrine/paracrine effector" <i>J Biol Chem</i> (2002) – Hryb, DJ; Nakhla, AM; Kahn, SM; et al PMID: 12015315 Click Here for Full Free Text
IGFs	➤ "Insulin-like growth factor-I (IGF-I) and IGF binding protein-3 as predictors of advanced-stage prostate cancer" <i>J Natl Cancer Inst</i> (2002) – Chan, JM; Stampfer, MJ; Ma, J; et al PMID: 12122101 Click Here for Full Free Text
PROSTATE TREATMENT	
General Information	➤ "Metastatic prostate cancer: complications and treatment" <i>J Am Geriatr Soc</i> (2003) – McMurtry, CT; McMurtry, JM PMID: 12890079 Click Here for Abstract ➤ "Recent progress in management of advanced prostate cancer" <i>Oncology</i> (2005) – Kantoff, P PMID: 15945343 Click Here for Abstract

TOPIC	READINGS
Anti-androgens	➤ "The influence of finasteride on the development of prostate cancer" <i>N Engl J Med</i> (2005) – Thompson, IM; Goodman, PJ; Tangen, CM; et al PMID: 12824459 Click Here for Full Free Text ➤ "Finasteride and Flutamide therapy in patients with advanced prostate cancer: response to subsequent castration and long-term follow-up" <i>Urology</i> (2003) – Oh, WK; Manola, J; Bittmann, L; et al PMID:12837431 Click Here for Abstract ➤ "Treatment of localized prostate cancer with intermittent triple androgen blockade: preliminary results in 110 consecutive patients" <i>Oncologist</i> (2001) – Leibowitz, RL; Tucker, SJ PMID: 11306729 Click Here for Full Free Text ➤ "Lipoprotein profile in men with prostate cancer undergoing androgen deprivation therapy" <i>Int Impot Res</i> (2006) – Braga-Basaria, M; Muller, DC; et al PMID: 16617314 Click Here for Abstract
GnRH/LH Analogs	➤ "A phase 3, multicenter, open-label, randomized study of abarelix versus leuprolide acetate in men with prostate cancer" <i>Urology</i> (2001) – McLeod, D; Zinner, N; Tomera, K; et al PMID: 11711355 Click Here for Abstract ➤ "Failure to achieve castrate levels of testosterone during luteinizing hormone releasing hormone agonist therapy: the case for monitoring serum testosterone and a treatment decision algorithm" <i>J Urol</i> (2000) – Oefelein, MGI; Cornum, R PMID: 10953134 Click Here for Abstract ➤ "Development of GnRH antagonists for prostate cancer: new approaches to treatment" <i>Oncologist</i> (2000) – Cook, T; Sheridan, WP PMID: 10794807 Click Here for Full Free Text ➤ "An eight-month clinical study of LA-2575 30.0 mg: a new 4-month, subcutaneous delivery system for leuprolide acetate in the treatment of prostate cancer" <i>Urology</i> (2003) – Sartor, O; Dineen, MK; et al PMID: 12893343 Click Here for Abstract ➤ "Hormone therapy in men and risk of cardiac allograft rejection" <i>J Heart Lung Transplant</i> (2002) – Schofield, RS; Hill, JA; et al PMID: 11927227 Click Here for Abstract ➤ "Pharmacokinetics and pharmacodynamics of abarelix, a gonadotropin-releasing hormone antagonist, after subcutaneous continuous infusion in patients with prostate cancer" <i>Clin Pharmacol Ther</i> (2003) – Wong, SL; Lau, DT; et al PMID: 12709720 Click Here for Abstract
Estrogen	➤ "Toremifene could prevent prostate cancer in high-risk patients" <i>Natur Clin Pract Urol</i> (2006) ➤ "The evolving role of estrogen therapy in prostate cancer" <i>Clin Prostate Cancer</i> (2002) – Oh, W PMID: 15046698 Click Here for Abstract ➤ "The nonsteroidal effects of diethylstilbestrol: the rationale for androgen deprivation therapy without estrogen deprivation in the treatment of prostate cancer" <i>J Urol</i> (2003) – Scherr, DS; Pitts, WR, Jr PMID: 14532759 Click Here for Abstract ➤ "Transdermal estradiol therapy for advanced prostate cancer-forward to the past?" <i>J Urol</i> (2003) – Ockrim, JL; Lalani, EN; Laniado, ME; et al PMID: 12686820 Click Here for Abstract ➤ "Transdermal estrogen in the treatment of hot flushes in men with prostate cancer" <i>Urology</i> (2000) – Gerber, GS; Zagaja, GP; Ray, PS; et al PMID: 10654902 Click Here for Abstract ➤ "Phase IIA clinical trial to test the efficacy and safety of toremifene in men with high-grade prostatic intraepithelial neoplasia" <i>Clin Prostate Cancer</i> (2003) – Steiner, MS; Pound, CR PMID: 15046680 Click Here for Abstract ➤ "Toremifene prevents prostate cancer in the transgenic adenocarcinoma of mouse prostate model" <i>Cancer Res</i> (2002) – Raghow, S; Hooshdaran, MZ; et al PMID: 11888907 Click Here for Full Free Text ➤ "The selective estrogen receptor modulator trioxifene (LY133314) inhibits metastasis and extends survival in the P408 rat prostatic carcinoma model" <i>Cancer Res</i> (2003) Neubauer, BL; McNulty, AM; Chedid, M; et al PMID: 15522935 Click Here for Full Free Text ➤ "Mifepristone-induced secretion of transforming growth factor beta1-induced apoptosis in prostate cancer cells" <i>Int J Oncol</i> (2002) – Liang, Y; Eid, MA; Etreby, F; et al PMID: 12429976 Click Here for Abstract ➤ "Induction of apoptosis by mifepristone and tamoxifen in human LNCaP prostate cancer cells in culture" <i>Prostate</i> (2000) – El Etreby, MF; Liang, Y; et al PMID: 10725863 Click Here for Abstract ➤ "Effects of transdermal estrogen on levels of lipids, lipase activity, and inflammatory markers in men with prostate cancer" <i>J Lipid Res</i> (2006) – Purnell, JQ; Bland, LB; Garzotto, M; et al PMID: 16299298 Click Here for Full Free Text ➤ "Transdermal estrogen therapy improves cholesterol levels and lipid profiles in men with prostate cancer" <i>J Clin Oncol</i> (2004) ASCO Annual Meeting ➤ "Efficacy of tamoxifen and radiotherapy for prevention and treatment of gynecomastia and breast pain caused by bicalutamide in prostate cancer: a randomized controlled trial" <i>Lancet Oncol</i> (2005) – Perdoni, S; Autorino, R; et al PMID: 15863377 Click Here for Abstract ➤ "Management of gynecomastia in patients with prostate cancer: a systematic review" <i>Lancet</i>

TOPIC	READINGS
Testosterone	<i>Oncol</i> (2005) – Di Lorenzo, G; Autorino, R; et al PMID: 16321765 Click Here for Abstract ➤ “Testosterone: its role in development of prostate cancer and potential risk from use as hormone replacement therapy” <i>Drugs Aging</i> (2000) – Slater, S; Oliver RT PMID: 11200304 Click Here for Abstract ➤ “Testosterone replacement therapy in hypogonadal men at high risk for prostate cancer: results of 1 year of treatment in men with prostatic intraepithelial neoplasia” <i>J Urol</i> (2003) – Rhoden, EL; Morgentaler, A PMID: 14634413 Click Here for Abstract ➤ “Prostate-specific antigen changes in hypogonadal men treated with testosterone replacement” <i>J Androl</i> (2002) – Gerstenbluth, RE; Maniam, PN; et al PMID: 12399540 Click Here for Full Free Text ➤ “Androgen deficiency in the aging male: benefits and risks of androgen supplementation” <i>J Steroid Biochem Mol Biol</i> (2003) – Gooren, L PMID: 12943721 Click Here for Abstract ➤ “Testosterone treatment in hypogonadal men: prostate-specific antigen level and risk of prostate cancer” <i>Endocr Pract</i> (2000) – Guay, AT; Perez, JB; et al PMID: 11421528 Click Here for Abstract
Investigational	➤ “Active rectal wall protection using direct transperineal cryoneedles for histologically proven prostate adenocarcinomas” <i>Eur Urol</i> (2003) – Cytron, S; Paz, A; Kravchick, S; et al PMID: 12932929 Click Here for Abstract ➤ “Phase I trial of 177lutetium-labeled J591, a monoclonal antibody to prostate-specific membrane antigen, in patients with androgen-independent prostate cancer.” <i>J Clin Oncol</i> (2004) Bander NH et al PMID: 15837970 Click Here for Full Free Text
Supplementation & Diet	➤ “Phase II study of pomegranate juice for men with rising prostate-specific antigen following surgery or radiation for prostate cancer” <i>Clin Cancer Res</i> (2006) – Pantuck, AJ; et al PMID: 16818701 Click Here for Full Free Text ➤ “Complementary and alternative therapies for advanced prostate cancer” <i>Hematology Oncology Clin N Am</i> (2001) – Smith, MR PMID: 11525297 Click Here for Abstract ➤ “Vitamin D and prostate cancer” <i>J Androl</i> (2002) – Polek, TC; Weigel, NL PMID: 11170928 Click Here for Full Free Text ➤ “Clinical trials involving vitamin D analogs in prostate cancer” <i>Cancer J</i> (2005) – Vijayakumar, S; Mehta, RR; Boerner, PS; et al PMID: 16259866 Click Here for Abstract ➤ “Indole-3-carbinol inhibition of androgen receptor expression and downregulation of androgen responsiveness in human prostate cancer cells” <i>Carcinogenesis</i> (2005) – Hsu, JC; Zhang, J; Dev, A; et al PMID: 15958518 Click Here for Full Free Text ➤ “Synthetic dimer of indole-3-carbinol: second generation diet derived anti-cancer agent in hormone sensitive prostate cancer” <i>Prostate</i> (2005) – Garikapaty, V; Ashok, BT; Tadi, K; et al PMID: 16353249 Click Here for Abstract ➤ “Phytoestrogens and prostate cancer risk” <i>Prev Med</i> (2005) – Ganry, O PMID: 15916986 Click Here for Abstract ➤ “A prospective study of lycopene and tomato product intake and risk of prostate cancer” <i>Cancer Epidemiol Biomarkers Prev</i> (2006) – Kirsh, VA; Mayne, ST; Peters, U; et al PMID: 16434593 Click Here for Full Free Text ➤ “Pomegranate fruit juice for chemoprevention and chemotherapy of prostate cancer” <i>Proc Natl Acad Sci</i> (2005) – Malik, A; Afaq, F; et al PMID: 16192356 Click Here for Full Free Text ➤ “Dietary N-6 and N-3 polyunsaturated fatty acids and prostate cancer risk: a review of epidemiological and experimental evidence” <i>Cancer Causes Control</i> (2004) – Astorg, P PMID: 15141138 Click Here for Abstract ➤ “Pilot study of dietary fat restriction and flaxseed supplementation in men with prostate cancer before surgery: exploring the effects on hormonal levels, prostate-specific antigen, an histopathologic features” <i>Urology</i> (2001) – Denmark-Wahnefried, W; Price, DT; Polascki, TJ; et al PMID: 11445478 Click Here for Abstract ➤ “Lifestyle and health-related quality of life of men with prostate cancer managed with active surveillance” <i>Urology</i> (2006) – Daubenmier, JJ; Weidner, G; Marlin, R; et al PMID: 16413347 Click Here for Abstract ➤ “Intensive lifestyle changes may affect the progression of prostate cancer” <i>J Urol</i> (2005) – Ornish, D; Weidner, G; Fair, WR; et al PMID: 16094059 Click Here for Abstract
Osteoporosis	➤ “Raloxifene to prevent gonadotropin-releasing hormone agonist-induced bone loss in men with prostate cancer: a randomized controlled trial” <i>J Clin Endocrinol Metab</i> (2004) – Smith, MR; Fallon, MA; Lee, H; et al PMID: 15292315 Click Here for Full Free Text ➤ “Long-term efficacy of zoledronic acid for the prevention of skeletal complications in patients with metastatic hormone-refractory prostate cancer” <i>J Natl Cancer Inst</i> (2004) – Saad, F; Gleason, DM; Murray, R; et al PMID: 15173273 Click Here for Full Free Text
Pain Management	➤ “Pain management in patients with advanced prostate cancer” <i>Oncology</i> (1999) – Olson, KB;

TOPIC	READINGS
	Pienta, KJ PMID: 10581602 Click Here for Abstract
BPH General	➤ "BPH with coexisting overactive bladder dysfunction-an everyday urological dilemma" <i>Neurology and Urodynamics</i> (2001) – Knutson, T; Edlund, C; Fall, M; et al PMID: 11385690 Click Here for Abstract ➤ "Critical Review of Guidelines for BPH diagnosis and treatment strategy" <i>Eur Urol Suppl</i> (2006) – Novara, G; Galfano, A; Gardi, M; et al Click Here for Full Free Text ➤ "What patients take without telling you: holistic approach for BPH" <i>World J Urol</i> (2006) – Capodice, JL; Katz, AE PMID: 16738853 Click Here for Abstract
Etiology	➤ "Medical therapy for benign prostatic hyperplasia: a review of the literature" <i>Eur Urol</i> (2000) – Clifford, GM; Farmer, RDT PMID: 10859436 Click Here for Abstract ➤ "Benign prostatic hyperplasia—the outcome of age-induced alteration of androgen-estrogen balance?" <i>Urologe A</i> (1997) – Weisser, H; Krieg, M PMID: 9123678 Click Here for Abstract ➤ "Effect of aging on endogenous level of 5 alpha-dihydrotestosterone, testosterone, estradiol, and estrone in epithelium and stroma of normal and hyperplastic human prostate" <i>J Clin Endocrinol Metab</i> (1992) – Krieg, M; Nass, R; Tunn, S PMID: 7688377 Click Here for Full Free Text ➤ "Influence of age and endocrine factors on the volume of benign prostatic hyperplasia" <i>J Urol</i> (1991) – Partin, AW; Oesterling, JE; et al PMID: 1703242 Click Here for Abstract ➤ "Endocrine status in elderly men with lower urinary tract symptoms: correlation of age, hormonal status, and lower urinary tract function" <i>Urology</i> (2000) – Schatzl, G; Brossner, C; Schmid, S; et al PMID: 10699620 Click Here for Abstract ➤ "Inflammation, Apoptosis, and BPH: what is the evidence?" <i>Eur Urol Suppl</i> (2006) – Novara, G; Galfano, A; Berto, R; et al ➤ www.prostatehealth.com/about_pros_faq.htm
Estrogen	➤ "Estrogens and aspects of prostate disease" <i>Int J Urol</i> (2007) – Prezioso, D; Denis, LJ; Klocker, H; et al PMID: 17199853 Click Here for Abstract ➤ "Role of estrogens in human benign prostatic hyperplasia" <i>Arch Androl</i> (2000) – Sciarra, F; Toscano, V PMID: 10864369 Click Here for Abstract ➤ "Estrogen suppression as a pharmacotherapeutic strategy in the medical treatment of benign prostatic hyperplasia: evidence for its efficacy from studies with mepartricin" <i>Wien Klin Wochenschr</i> (1998) – Boehm, S; Nirnberger, G; Ferrari, P PMID: 10025034 Click Here for Abstract ➤ "Estrogen in the etiopathogenesis of BPH" <i>Prostate</i> (1999) – Farnsworth, WE PMID: 10544300 Click Here for Abstract ➤ "Phytoestrogens and diseases of the prostate gland" <i>Baillieres Clin Endocrinol Metab</i> (1998) – Griffiths, K; Denis, L; Turkes, A; et al PMID: 10384817 Click Here for Abstract
Testosterone	➤ "Persistent intraprostatic androgen concentrations after medical castration in healthy men" <i>J Clin Endocrinology Metab</i> (2006) – Page, ST; Lin, DW; et al PMID: 16882748 Click Here for Full Free Text ➤ "Relationship among serum testosterone, sexual function, and response to treatment in men receiving dutasteride for benign prostatic hyperplasia" <i>J Clin Endocrinology Metab</i> (2006) – Marberger, M; Roehrborn, CG; Marks, LS; et al PMID: 16434455 Click Here for Full Free Text ➤ "Prostate size in hypogonadal men treated with a nonscrotal permeation-enhanced testosterone transdermal system" <i>Urology</i> (1997) – Meikle, AW; Arver, S; Dobs, AS; et al PMID: 9037280 Click Here for Abstract
5-Alpha Reductase	➤ "Effect of 1 mg/day finasteride on concentrations of serum prostate-specific antigen in men with androgenic alopecia: a randomized trial" <i>Lancet</i> (2006) – D'Amico, AV; Roehrborn, CG PMID: 17196507 Click Here for Abstract ➤ "Dihydrotestosterone and the concept of 5 alpha-reductase inhibition in human benign prostatic hyperplasia" <i>World J Urol</i> (2002) – Bartsch, G; Rittmaster, RS; Klocker, H PMID: 12022710 Click Here for Abstract
Nutritional	➤ "Multivitamin use and risk of prostate cancer in the National Institutes of Health-AARP diet and health study" <i>J Natl Cancer Inst</i> (2007) – Lawson, KA; Wright, ME; Subar, A; et al PMID: 17505071 Click Here for Full Free Text ➤ "Fruit and vegetable consumption, intake of micronutrients, and benign prostatic hyperplasia in US men" <i>Am J Clin Nutr</i> (2007) – Rohrmann, S; Giovannucci, E; Willett, WC; et al PMID: 17284753 Click Here for Full Free Text ➤ "A critical analysis of Permixon in the treatment of lower urinary tract symptoms due to benign prostatic enlargement" <i>Eur Urol Suppl</i> (2006) – Maccagnano, C; Salonia, A; Briganti, A; et al ➤ "Proven and unproven therapy for benign prostatic hyperplasia" <i>N Engl J Med</i> (2006) –

TOPIC	READINGS
	DiPaola, RS; Morton, RA PMID: 16467551 Click Here for Abstract ➤ "Saw palmetto for benign prostatic hyperplasia" <i>N Engl J Med</i> (2006) – Bent, S; Kane, C; Shinohara, K; et al PMID: 16467543 Click Here for Full Free Text ➤ "Pygeum africanum for the treatment of patients with benign prostatic hyperplasia: a systematic review and quantitative meta-analysis" <i>Am J Med</i> (2000) – Ishani, A; MacDonald, R; Nelson, D; et al PMID: 11099686 Click Here for Abstract
Other Therapies	➤ "Anticholinergics effective for BPH urinary symptoms" (2004) – <i>AUA 99th Annual Meeting</i> ➤ "Ethanol injection for the treatment of benign prostatic hyperplasia" <i>Curr Urol Rep</i> (2002) – Kim, ED PMID: 12149157 Click Here for Abstract
PROSTATITIS	➤ "Chronic prostatitis syndrome: A common, but poorly understood condition. Part II" <i>EAU-EBU Update Series</i> (2007) – Pavone-Macaluso, M ➤ "Prostatitis: evolving management strategies" <i>Urol Clin N Am</i> (1999) – Nickel, JC PMID: 10584615 Click Here for Abstract ➤ www.prostatitis.org